

**Little Athletics NSW**  
**RESULTS - 2006 STATE RELAYS**  
**Sydney Olympic Park Athletics Centre, November 25 & 26, 2006**  
**JUNIOR - TRACK**

**Girls 4 x 100 Relay Under 8**

**Heat 1**

1 Randwick Botany	01:08.2
2 Winston Hills	01:13.2
3 Werrington	01:18.3
4 Nepean	01:19.0
5 Hornsby	01:19.7

**Heat 2**

1 Ku-Ring-Gai	01:08.6
2 Western Suburbs	01:09.2
3 Parramatta	01:09.6
4 St George	01:11.1
5 Manly Warringah	01:11.1
6 Port Hacking	01:13.0
7 Holroyd	01:15.3

**Final**

1 Randwick Botany	01:07.0
2 Ku-Ring-Gai	01:08.6
3 Parramatta	01:09.8
4 Western Suburbs	01:09.9
5 St George	01:10.4
6 Greystanes	01:11.2
7 Campbelltown Uws Collegians	01:11.9
8 Manly Warringah	01:13.4

**Heat 3**

1 Campbelltown Uws Collegians	01:10.7
2 Greystanes	01:11.7
3 Liverpool	01:12.7

**Boys 4 x 100 Relay Under 8**

**Heat 1**

1 Cherrybrook	01:06.8
2 Randwick Botany	01:07.7
3 Northern Districts	01:08.0
4 Parramatta	01:09.2
5 Eastern Suburbs	01:10.3
6 Doonside	01:10.8
7 Blacktown	01:10.9

**Heat 2**

1 St George	01:07.1
2 Northern Suburbs	01:07.6
3 Port Hacking	01:08.1
4 Hills District	01:08.4
5 Ku-Ring-Gai	01:09.4
6 Liverpool	01:12.3
7 Eschol Park	01:28.1

**Final**

1 St George	01:06.5
2 Northern Suburbs	01:06.8
3 Tuggerah Lakes Mingara	01:07.7
4 Hills District	01:08.7
5 Port Hacking	01:09.2
6 Randwick Botany	01:09.8
7 Northern Districts	01:10.0

**Heat 3**

1 Tuggerah Lakes Mingara	01:07.4
2 Werrington	01:09.2
3 Emu Plains	01:09.3
4 Manly Warringah	01:09.6
5 Campbelltown Uws Collegians	01:09.6
6 Hornsby	01:10.7
7 Tiger West	01:12.3
8 Western Suburbs	01:13.9

**Mixed 4 x 100 Relay Under 8****Heat 1**

1 Helensburgh	01:08.0	
2 Albion Park	01:08.2	<b>Final</b>
3 Balmain	01:09.2	
4 Penrith Valley	01:10.2	
5 Mosman	01:11.2	

1 Helensburgh	01:08.5
2 Balmain	01:09.3
3 Wollongong City	01:11.2
4 Albion Park	01:11.3
5 Penrith Valley	01:11.6
6 Jamison	01:13.1
7 Kurrajong/Bilpin	01:16.2

**Heat 2**

1 Wollongong City	01:09.6
2 Jamison	01:11.2
3 Kurrajong/Bilpin	01:14.6
4 Prospect	01:15.0

**Girls 4 x 100 Relay Under 9****Heat 1**

1 Camden	01:05.0
2 Hills District	01:06.7
3 Tuggerah Lakes Mingara	01:07.0
4 Werrington	01:08.6
5 Helensburgh	01:08.9

**Heat 2**

1 Manly Warringah	01:03.5	<b>Final</b>
2 Macquarie Shores	01:04.6	
3 Northern Suburbs	01:05.5	
4 Parramatta	01:05.7	
5 Cherrybrook	01:05.9	
6 Doonside	01:07.1	
7 Eastern Suburbs	01:07.3	
8 Nepean	01:08.3	

1 Manly Warringah	01:03.2
2 Randwick Botany	01:03.5
3 Camden	01:04.3
4 Ku-Ring-Gai	01:04.7
5 Macquarie Shores	01:05.7
6 Ryde	01:06.6
7 Northern Suburbs	01:07.1
8 Parramatta	01:08.0

**Heat 3**

1 Randwick Botany	01:03.0
2 Ku-Ring-Gai	01:03.6
3 Ryde	01:05.0
4 St George	01:08.2
5 Holroyd	01:08.7

**Boys 4 x 100 Relay Under 9****Heat 1**

1 Randwick Botany	01:00.4
2 Camden	01:02.7
3 Werrington	01:02.8
4 Gosford	01:05.2
5 Parramatta	01:05.5
6 Hornsby	01:05.6
7 Winston Hills	01:06.4

**Heat 2**

1 Hills District	01:01.9
2 St George	01:02.8
3 Manly Warringah	01:02.9
4 Northern Districts	01:04.7
5 Liverpool	01:05.6
6 Eastern Suburbs	01:05.8
7 Ryde	01:07.2
8 Eschol Park	01:07.7

**Final**

1 Tuggerah Lakes Mingara	01:01.0
2 Randwick Botany	01:01.4
3 Ku-Ring-Gai	01:01.5
4 Hills District	01:01.7
5 St George	01:02.0
6 Manly Warringah	01:02.4
7 Camden	01:04.1
8 Werrington	01:04.3

**Heat 3**

1 Tuggerah Lakes Mingara	01:00.8
2 Ku-Ring-Gai	01:01.0
3 Cherrybrook	01:03.5
4 Port Hacking	01:03.9
5 Emu Plains	01:04.1
6 Colyton/St Clair	01:04.3
7 Doonside	01:04.4
8 Nepean	01:06.6

**Mixed 4 x 100 Relay Under 9****Final**

1 Wollongong City	01:02.2
2 Kurrajong/Bilpin	01:03.7
3 Balmain	01:04.4
4 Albion Park	01:04.8
5 Tiger West	01:06.9
6 Penrith Valley	01:07.0
7 Jamison	01:07.2
8 Mosman	01:07.5
9 Prospect	01:07.6

**Girls 4 x 100 Relay Under 10****Heat 1**

1 Randwick Botany	01:00.1
2 Tuggerah Lakes Mingara	01:02.6
3 Liverpool	01:04.0
4 St George	01:04.3
5 Ku-Ring-Gai	01:06.4
6 Parramatta	01:08.6

**Heat 2**

1 Hills District	01:00.5	<b>Final</b>	
2 Port Hacking	01:01.5		1 Northern Suburbs 01:00.2
3 Camden	01:03.8		2 Randwick Botany 01:01.0
4 Nepean	01:09.9		3 Hills District 01:01.6

**Heat 3**

			4 Tuggerah Lakes Mingara 01:02.2
1 Northern Suburbs	59.4		5 Manly Warringah 01:02.6
2 Manly Warringah	01:02.4		6 Cherrybrook 01:03.3
3 Cherrybrook	01:03.5		7 Port Hacking 01:03.5
4 Hornsby	01:05.2		8 Camden 01:04.7
5 Balmain	01:05.6		
6 Blacktown	01:06.7		
7 Helensburgh	01:06.8		
8 Lethbridge Park	01:09.2		

**Boys 4 x 100 Relay Under 10****Heat 1**

1 Hills District	59.1
2 Parramatta	59.8
3 New England Zone	01:02.5
4 Werrington	01:03.2
5 Eastern Suburbs	01:04.0

**Heat 2**

1 Port Hacking	57.2		
2 Ryde	01:00.1	<b>Final</b>	
3 Tuggerah Lakes Mingara	01:00.7		1 Ku-Ring-Gai 58.1
4 Northern Suburbs	01:02.8		2 Cherrybrook 58.3
5 Balmain	01:05.7		3 Manly Warringah 58.5
6 Winston Hills	01:07.4		4 Port Hacking 58.8
			5 Hills District 59.7

**Heat 3**

1 Ku-Ring-Gai	58.0		5 Parramatta 59.7
2 Manly Warringah	58.1		7 Ryde 01:00.8
3 Cherrybrook	58.4		8 Tuggerah Lakes Mingara 01:00.8
4 Holroyd	01:02.2		
5 Blacktown	01:05.0		
6 Minchinbury	01:07.1		

**Mixed 4 x 100 Relay Under 10****Heat 1**

1 Albion Park	59.1
2 Kurrajong/Bilpin	01:01.3
3 Jamison	01:04.1
4 Tiger West	01:07.3
5 Emu Plains	01:07.6
6 Prospect	01:08.2

**Final**

1 Kurrajong/Bilpin	01:00.8
2 Orange	01:01.1
3 Wollongong City	01:02.4

**Heat 2**

1 Orange	01:00.7
2 Wollongong City	01:02.6
3 Mosman	01:03.8
4 Penrith Valley	01:04.1
5 Springwood	01:06.3

4 Jamison	01:04.8
5 Penrith Valley	01:05.7
6 Mosman	01:05.9

**Girls 4 x 100 Relay Under 11****Heat 1**

1 Cherrybrook	58.8
2 Northern Suburbs	58.9
3 Werrington	01:00.9
4 Western Suburbs	01:01.7
5 Camden	01:02.8
6 St George	01:04.1

**Heat 2**

1 Port Hacking	57.7
2 Eastern Suburbs	57.8
3 Holroyd	58.0
4 Winston Hills	58.2
5 Balmain	58.4
6 Tuggerah Lakes Mingara	58.7
7 Manly Warringah	58.9
8 Hills District	01:00.5

**Final**

1 Port Hacking	57.2
2 Eastern Suburbs	58.0
3 Winston Hills	58.2
4 Holroyd	58.5
5 Tuggerah Lakes Mingara	58.8
6 Balmain	59.2
7 Campbelltown Uws Collegians	01:00.1

**Heat 3**

1 Campbelltown Uws Collegians	59.8
2 Ku-Ring-Gai	01:00.4
3 Parramatta	01:01.6
4 Blacktown	01:02.1
5 Hornsby	01:03.1

**Boys 4 x 100 Relay Under 11****Heat 1**

1 Tuggerah Lakes Mingara	56.4	
2 Manly Warringah	57.1	
3 Werrington	57.2	
4 St George	58.3	<b>Final</b>
5 Holroyd	58.9	
6 Doonside	01:02.0	

**Heat 2**

1 Northern Suburbs	56.5	
2 Randwick Botany	57.9	
3 Port Hacking	58.1	
4 Winston Hills	59.5	
5 Ku-Ring-Gai	01:00.7	
6 Minchinbury	01:07.1	

1 Tuggerah Lakes Mingara	56.3
2 Northern Suburbs	56.8
3 Port Hacking	57.4
4 Werrington	57.5
5 Manly Warringah	58.8
6 St George	59.2
7 Holroyd	59.5
8 Randwick Botany	59.7

**Mixed 4 x 100 Relay Under 11****Heat 1**

1 Wollongong City	58.0	
2 Springwood	58.8	
3 Mosman	59.4	<b>Final</b>
4 Kings Langley	59.6	
5 Orange	59.8	
6 Jamison	01:00.6	

**Heat 2**

1 Albion Park	56.9	
2 Tiger West	58.7	
3 Prospect	59.4	
4 Helensburgh	59.7	
5 Penrith Valley	59.9	
6 Emu Plains	01:00.7	
7 Warradale	01:01.7	

1 Albion Park	57.5
2 Springwood	58.7
3 Tiger West	59.1
4 Wollongong City	59.1
5 Helensburgh	59.5
6 Prospect	01:00.1
7 Kings Langley	01:00.2
7 Mosman	01:00.2

**Girls Middle Distance Relay Junior****Final**

1 Emu Plains	11:28.4	<b>Record</b>
2 Mosman	11:42.0	
3 Holroyd	11:56.8	
4 Kurrajong/Bilpin	12:30.7	

**Boys Middle Distance Relay Junior****Final**

1 Helensburgh	10:57.9	<b>Record</b>
2 Western Suburbs	11:00.4	
3 Werrington	11:04.3	
4 Doonside	11:12.9	
5 Holroyd	11:23.5	
6 Kurrajong/Bilpin	11:24.5	
7 Mosman	12:09.4	

**Mixed 4 x 200 Relay Under 8****Heat 1**

1 Randwick Botany	02:23.4
2 Parramatta	02:31.2
3 Albion Park	02:31.5
4 Hills District	02:32.2
5 Port Hacking	02:37.5
6 Manly Warringah	02:38.9
7 Hornsby	02:46.0

**Heat 2**

1 Northern Suburbs	02:23.2
2 Greystanes	02:29.0
3 Winston Hills	02:29.2
4 New England Zone	02:37.2
5 Penrith Valley	02:41.3
6 Ku-Ring-Gai	02:41.4
7 Blacktown	02:44.0

**Final**

1 Randwick Botany	02:24.8
2 Northern Suburbs	02:25.0
3 Parramatta	02:30.5
4 Winston Hills	02:31.2
5 St George	02:31.5
6 Campbelltown Uws Collegians	02:31.5
7 Greystanes	02:31.7

**Heat 3**

1 Campbelltown Uws Collegians	02:29.7
2 Cherrybrook	02:30.4
3 St George	02:31.3
4 Wollongong City	02:32.4
5 Orange	02:51.4

**Mixed 4 x 200 Relay Under 9****Heat 1**

1 Randwick Botany	02:16.0
2 Camden	02:18.7
3 Tuggerah Lakes Mingara	02:19.9
4 Port Hacking	02:20.0
5 Northern Suburbs	02:23.4
6 Winston Hills	02:33.3

**Final**

1 Ku-Ring-Gai	02:17.3
2 Tuggerah Lakes Mingara	02:17.6
3 Manly Warringah	02:17.9
4 Wollongong City	02:18.4
5 Randwick Botany	02:20.7
6 Camden	02:22.6
7 Port Hacking	02:23.4
8 Parramatta	02:23.5

**Heat 2**

1 Ku-Ring-Gai	02:13.5
2 Manly Warringah	02:13.6
3 Wollongong City	02:17.1
4 Hills District	02:20.3
5 Cherrybrook	02:21.1
6 Albion Park	02:23.9

**Heat 3**

1 Parramatta	02:20.5
2 St George	02:20.7
3 Nepean	02:22.5
4 Ryde	02:24.2
5 Penrith Valley	02:32.2

**Mixed 4 x 400 Relay Under 10****Heat 1**

1 Cherrybrook	04:59.3
2 Northern Suburbs	05:10.6
3 Helensburgh	05:14.1
4 Wollongong City	05:16.8
5 Ryde	05:26.0

**Heat 2**

1 Manly Warringah	04:56.9
2 Hills District	05:08.1
3 New England Zone	05:21.0
4 Orange	05:21.5
5 Winston Hills	05:33.9
6 St George	05:42.3

**Final**

1 Cherrybrook	04:52.7
2 Port Hacking	04:53.7
3 Manly Warringah	04:59.8
4 Hills District	05:07.9
5 Randwick Botany	05:10.8
6 Tuggerah Lakes Mingara	05:12.5
7 Helensburgh	05:18.2
8 Northern Suburbs	05:19.7

**Heat 3**

1 Port Hacking	05:00.5
2 Tuggerah Lakes Mingara	05:10.4
3 Randwick Botany	05:12.5
4 Albion Park	05:16.3
5 Ku-Ring-Gai	05:31.1
6 Blacktown	05:35.9

**Mixed 4 x 400 Relay Under 11****Heat 1**

1 Winston Hills	04:44.5
2 Port Hacking	04:44.6
3 Manly Warringah	04:51.1
4 Randwick Botany	04:53.1
5 Eastern Suburbs	04:54.4
6 Tuggerah Lakes Mingara	04:54.8
7 Hills District	05:05.6
8 Ku-Ring-Gai	05:11.9
9 Orange	05:14.0

**Final**

1 Gosford	04:45.3
2 Winston Hills	04:45.7
3 Port Hacking	04:46.4
4 Eastern Suburbs	04:56.8
5 Penrith Valley	04:57.3
6 Wollongong City	04:59.9
7 Manly Warringah	05:00.8

**Heat 2**

1 Gosford	04:49.4
2 Wollongong City	04:50.0
3 Penrith Valley	04:54.7
4 New England Zone	04:58.8
5 Albion Park	04:59.8
6 Northern Suburbs	05:02.4
7 Warradale	05:13.0
8 St George	05:26.2