

**Little Athletics N.S.W.**  
**State Track & Field Championships**  
**20, 21 & 22 March, 2009 at Sydney Olympic Park Athletics Centre**

# RESULTS

## BOYS

### Boys U9 - 70 Metre Run

#### Heat 1 Heats

1	Tristan Brazulaiti	Albion Park	10.33Q
2	Aron Cox	Kiama	10.36Q
3	Methila Nanayakkar	Cherrybrook	10.58Q
4	Bailey Antrobus	Wollongong City	10.71
5	Charlie Gentz	Wallsend RSL	10.75
6	Thomas Carroll	Liverpool City	10.75
7	Jaime Boutros	Bankstown Sports	11.00
8	Joshua Azzopardi	Camden	11.13

#### Heat 2 Heats

1	Lewis Clabburn	Northern Suburbs	10.17Q
2	Joshua Chandler	Doonside	10.26Q
3	Isaac Davis	Macquarie Hunter	10.39Q
4	Zachary Boyd	Wyong	10.54q
5	Matteo Tiscia	St George	10.56q
6	Miles Petersen	Cardiff	10.76
7	Joshua Freedman	Western Suburbs	10.86
8	Selasi Glover	Blacktown	10.96

#### Final

1	Tristan Brazulaiti	Albion Park	10.15
2	Lewis Clabburn	Northern Suburbs	10.24
3	Methila Nanayakkar	Cherrybrook	10.27
3	Isaac Davis	Macquarie Hunter	10.27
5	Aron Cox	Kiama	10.28
6	Joshua Chandler	Doonside	10.33
7	Zachary Boyd	Wyong	10.33
8	Matteo Tiscia	St George	10.38

### Boys U10 - 70 Metre Run

#### Heat 1 Heats

1	Jarrod Twigg	Wollongong City	10.11Q
2	Alec Nguyen	Bankstown Sports	10.18Q
3	Aaron Creagh	Winston Hills	10.24Q
4	James Mizzi	Greystanes	10.33
5	Jackson Dagg	Singleton	10.41
6	Tim Burgmann	Helensburgh	10.49
6	Frederick Adutwum	Blacktown	10.49
8	Sam Villata	Griffith	10.51

#### Heat 2 Heats

1	Tikoa Lene	Doonside	9.92Q
2	Adam Potts	Ballina	10.06Q
3	Lachlan Trowel	Randwick Botany	10.07Q
4	James Sullivan	Winston Hills	10.16q
5	Bayley Ritchie	Thornton	10.30q
6	Luke Skrivanic	Northern Suburbs	10.35
7	Mitchell Willingha	Emu Plains	10.37
8	Kobe Collier	Albion Park	10.39

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**Final**

1	Tikoa Lene	Doonside	10.02
2	Jarrod Twigg	Wollongong City	10.05
3	Adam Potts	Ballina	10.10
4	Aaron Creagh	Winston Hills	10.18
5	Alec Nguyen	Bankstown Sports	10.19
6	Lachlan Trowel	Randwick Botany	10.26
7	James Sullivan	Winston Hills	10.35
8	Bayley Ritchie	Thornton	10.37

**Boys U9 - 100 Metre Run**

**Heat 1 Heats**

1	Isaac Davis	Macquarie Hunter	14.19Q
2	Lewis Clabburn	Northern Suburbs	14.36Q
3	Aron Cox	Kiama	14.45Q
4	Methila Nanayakkar	Cherrybrook	14.47q
5	Matteo Tiscia	St George	14.56
6	Joshua Chandler	Doonside	14.62
7	Jed Englert	Tamworth	14.63
8	Selasi Glover	Blacktown	15.33

**Heat 2 Heats**

1	Tristan Brazulaiti	Albion Park	14.10Q
1	Marshall Luke	Rouse Hill Rams	14.10Q
3	Aidan Wallace	Sawtell-Toormina	14.17Q
4	Bailey Antrobus	Wollongong City	14.52q
5	Joshua Freedman	Western Suburbs	14.72
6	Vincent Hreszczuk	Camden	14.82
7	Aaron Keene	Emu Plains	14.87
8	Nathanael Taylor	St George	14.93

**Final**

1	Methila Nanayakkar	Cherrybrook	14.32
2	Marshall Luke	Rouse Hill Rams	14.33
3	Isaac Davis	Macquarie Hunter	14.35
4	Lewis Clabburn	Northern Suburbs	14.36
4	Tristan Brazulaiti	Albion Park	14.36
6	Aidan Wallace	Sawtell-Toormina	14.40
7	Aron Cox	Kiama	14.50
8	Bailey Antrobus	Wollongong City	14.95

**Boys U10 - 100 Metre Run**

**Heat 1 Heats**

1	Alex Kyriacou	Randwick Botany	13.83Q
2	Tikoa Lene	Doonside	13.88Q
3	James Sullivan	Winston Hills	14.36Q
4	Zachary Thomas	Macquarie Hunter	14.39q
5	Jeremy Gibson	Maitland	14.42q
6	John Carroll	Tuggerah Lakes M	14.51
7	Jack Gilroy	Dubbo RSL	14.52
8	Mitchell Willingha	Emu Plains	14.52

**Heat 2 Heats**

1	Alec Nguyen	Bankstown Sports	14.18Q
2	Jordan Idiare	Winston Hills	14.20Q

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3	Adam Potts	Ballina	14.21Q
4	Liam Pemberton	St George	14.43
5	Jarrold Twigg	Wollongong City	14.50
6	James Mizzi	Greystanes	14.53
7	Frederick Adutwum	Blacktown	14.68
8	Jack Harper	Temora	14.87
<b>Final</b>			
1	Jordan Idiare	Winston Hills	13.89
2	Adam Potts	Ballina	13.90
3	Alex Kyriacou	Randwick Botany	13.93
4	Alec Nguyen	Bankstown Sports	13.99
5	Tikoa Lene	Doonside	14.07
6	Jeremy Gibson	Maitland	14.42
7	James Sullivan	Winston Hills	14.48
8	Zachary Thomas	Macquarie Hunter	14.62

## **Boys U11 - 100 Metre Run**

### **Heat 1 Heats**

1	Jordan Shelley	Hills District	13.22Q
2	Alex Nguyen-Ha	Cherrybrook	13.31Q
3	Brodie Vassallo	Kurrajong Bilpin	13.78Q
4	Paul Salem	Ku-Ring-Gai	13.81q
5	Ben Ticehurst	Eastern Suburbs	13.87
5	Kye Duncan	Woolgoolga	13.87
7	Brennan Rymer	Werrington	14.48

### **Heat 2 Heats**

1	Benjamin Alessio	St George	13.02Q
2	Angus Glover	Wollongong City	13.30Q
3	Connor Kirkwood	Maitland	13.40Q
4	Antonee Burke	Adamstown	13.74q
5	Mason Versi	Port Hacking	13.83
6	Lewis Hughes	Springwood	14.13
7	Raymond Maroun	Holroyd	14.21

### **Final**

1	Benjamin Alessio	St George	13.04
2	Jordan Shelley	Hills District	13.16
3	Angus Glover	Wollongong City	13.27
4	Alex Nguyen-Ha	Cherrybrook	13.34
5	Connor Kirkwood	Maitland	13.35
6	Antonee Burke	Adamstown	13.72
7	Brodie Vassallo	Kurrajong Bilpin	13.76
8	Paul Salem	Ku-Ring-Gai	13.78

## **Boys U12 - 100 Metre Run**

### **Heat 1 Heats**

1	Jack Colquhoun	Edgeworth	12.81Q
2	Joshua Parkinson	Tuggerah Lakes M	12.87Q
3	Adam Peachey	Port Hacking	13.21Q
4	Jaydn Phillips	Camden	13.24q
5	Luke Watts	Albion Park	13.35
6	Jake Mayo	Werrington	13.66

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7	Benjamin Allen	Tamworth	13.81
<b>Heat 2 Heats</b>			
1	Michael Miller	Tuggerah Lakes M	12.92Q
2	Cameron Moore	Sutherland	13.22Q
3	Bailey White	Wollongong City	13.29Q
4	Ben White	Manly Warringah	13.30q
5	Sean Simpson	Cowra	13.69
6	Izaak Thompson	Bankstown Sports	13.76
7	Aidan Hopping	Jamison	14.04
<b>Final</b>			
1	Jack Colquhoun	Edgeworth	12.75
2	Michael Miller	Tuggerah Lakes M	12.75
3	Joshua Parkinson	Tuggerah Lakes M	12.90
4	Cameron Moore	Sutherland	13.12
5	Adam Peachey	Port Hacking	13.13
6	Jaydn Phillips	Camden	13.17
7	Ben White	Manly Warringah	13.21
8	Bailey White	Wollongong City	13.23

## **Boys U13 - 100 Metre Run**

<b>Heat 1 Heats</b>			
1	Anthony Palmer	Cherrybrook	12.11Q
2	Kardue Daniels	Wollongong City	12.49Q
3	Murtaza Tahiri	Tiger Wests	12.49Q
4	Sasha Stevenson-Ma	Mt Pritchard	12.54q
5	Dominic Neylan	Cardiff	12.62
<b>Heat 2 Heats</b>			
1	Chris Theseira	Manly Warringah	12.17Q
2	Jonathon Legas	Bankstown Sports	12.35Q
3	Jonathan Lagos	Rouse Hill Rams	12.42Q
4	Alex Leighton	Macquarie Hunter	12.44q
5	Aymien Chehab	Western Suburbs	12.65
6	Justin Maloney	Nepean	12.86
7	Kurtis Crisante	Dubbo RSL	12.88
8	Joshua Gorrie	Kiama	13.04
<b>Final</b>			
1	Anthony Palmer	Cherrybrook	12.18
2	Chris Theseira	Manly Warringah	12.21
3	Jonathan Lagos	Rouse Hill Rams	12.51
4	Alex Leighton	Macquarie Hunter	12.65
5	Kardue Daniels	Wollongong City	12.65
6	Sasha Stevenson-Ma	Mt Pritchard	12.68
7	Murtaza Tahiri	Tiger Wests	12.72
8	Jonathon Legas	Bankstown Sports	12.87

## **Boys U14 - 100 Metre Run**

<b>Heat 1 Heats</b>			
1	Oscar Pople	Eastern Suburbs	11.69Q
2	James Paek	Cherrybrook	11.94Q
3	William Tom	Wollongong City	12.04Q
4	Ali Nazari	Tiger Wests	12.08q
5	Elia Morisio	Blacktown	12.13q

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6	Ryan Cole	Sawtell-Toormina	12.13
7	Gemien Litong	Manly Warringah	12.26
8	Christain Said	South Eastern	12.34
<b>Heat 2 Heats</b>			
1	Joshua Jay	Penrith Valley	11.82Q
2	Harry Grove	Tumut District	12.04Q
3	Calvin Ireson	Dubbo	12.13Q
4	Akbar Ali Gulzari	Tiger Wests	12.19
5	Marcus Venables	Cherrybrook	12.25
6	Jacob Roberts	Kurrajong Bilpin	12.33
7	Ben Irvine	Wallsend RSL	12.37
8	Rhys Buckton	Macquarie Hunter	12.38
<b>Final</b>			
1	Joshua Jay	Penrith Valley	11.69
2	Oscar Pople	Eastern Suburbs	11.70
3	Harry Grove	Tumut District	11.94
4	Calvin Ireson	Dubbo	12.01
5	William Tom	Wollongong City	12.04
6	Ali Nazari	Tiger Wests	12.08
7	Elia Morisio	Blacktown	12.11

## **Boys U15 - 100 Metre Run**

<b>Heat 1 Heats</b>				
1	Nicholas Hough	Hills District	11.13Q	
2	Ben Jaworski	Cherrybrook	11.31Q	
3	Shintaro O'Brien	Port Hacking	11.59Q	
4	Blake Langtry	Liverpool City	11.69q	
5	Matthew Wesble	Riverstone	11.85q	
6	Ryan Leonard	South Eastern	11.87	
7	Tim Marsh	Macquarie Hunter	12.26	
8	Ryan Sultana	Blacktown	12.33	
<b>Heat 2 Heats</b>				
1	Thomas Soliman	Blacktown	11.32Q	
2	Joshua Prem	Albion Park	11.51Q	
3	Jarrold Geddes	Port Hacking	11.58Q	
4	Jordan Cant	Sawtell-Toormina	11.92	
5	Nathan Innes	Mudgee	12.12	
<b>Final</b>				
1	Nicholas Hough	Hills District	10.94	<b>RECORD – Hand held record of 10.6sec</b>
2	Ben Jaworski	Cherrybrook	10.95	
3	Thomas Soliman	Blacktown	11.23	
4	Joshua Prem	Albion Park	11.35	
5	Jarrold Geddes	Port Hacking	11.55	
6	Blake Langtry	Liverpool City	11.61	
7	Shintaro O'Brien	Port Hacking	11.68	

## **Boys U17 - 100 Metre Run**

<b>Heat 1 Heats</b>			
1	Matthew Daniel	Fairfield City	11.37Q
2	James Mbakwe	Hornsby	11.63Q
3	Mitchell Chatfield	Katoomba	11.66Q

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4	Rory Bramble	Forster/Tuncurry	11.79
5	James Turner	West Wyalong	11.81
6	Graham Soling	Manly Warringah	11.82
7	Sam Haber	Dapto	11.94
8	Jacob Taylor	Camden	12.17
<b>Heat 2 Heats</b>			
1	Rory Lenihan	Sawtell-Toormina	11.23Q
2	Jack Parker	Warradale	11.41Q
3	James Sheehy	Holroyd	11.60Q
4	Kristopher Button	Eschol Park	11.61q
5	Jack Katen	Forster/Tuncurry	11.66q
6	Dilshen Moonesamy	Blacktown	11.78
7	Mitchell English	Wollongong City	11.79
8	Rhys Hibberd	Tuggerah Lakes M	11.93
<b>Final</b>			
1	Rory Lenihan	Sawtell-Toormina	11.26
2	Matthew Daniel	Fairfield City	11.36
3	Mitchell Chatfield	Katoomba	11.47
3	Jack Parker	Warradale	11.47
5	Kristopher Button	Eschol Park	11.57
6	James Sheehy	Holroyd	11.67
7	James Mbakwe	Hornsby	11.68
8	Jack Katen	Forster/Tuncurry	11.75

## **Boys U9 - 200 Metre Run**

<b>Heat 1 Heats</b>			
1	Jy Paulson	Bankstown Sports	29.51Q
2	Tristan Brazulaiti	Albion Park	29.77Q
3	Methila Nanayakkar	Cherrybrook	29.81Q
4	Brock Scrivener	Wollongong City	30.31q
5	Harrison Brierley	Illawong	30.35q
6	Miles Petersen	Cardiff	30.69
7	Thomas Jackson	Narromine	33.33
8	Thomas Carroll	Liverpool City	38.56
<b>Heat 2 Heats</b>			
1	Aidan Wallace	Sawtell-Toormina	29.32Q
2	Jed Englert	Tamworth	29.88Q
3	Vincent Hreszczuk	Camden	30.32Q
4	Lewis Claburn	Northern Suburbs	30.82
5	Tyler Gunn	Gosford	30.83
6	Aaron Keene	Emu Plains	30.86
7	Reece Pospishil	Penrith Valley	32.96
<b>Final</b>			
1	Aidan Wallace	Sawtell-Toormina	29.16
2	Jy Paulson	Bankstown Sports	29.21
3	Methila Nanayakkar	Cherrybrook	29.63
4	Jed Englert	Tamworth	29.63
5	Tristan Brazulaiti	Albion Park	29.77
6	Brock Scrivener	Wollongong City	30.14
7	Harrison Brierley	Illawong	30.32
8	Vincent Hreszczuk	Camden	30.52

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**Boys U10 - 200 Metre Run**

**Heat 1 Heats**

1	Alex Kyriacou	Randwick Botany	28.41Q
2	Joshua Baker	Winston Hills	28.89Q
3	Tikoa Lene	Doonside	29.08Q
4	Jack Gilroy	Dubbo RSL	29.09q
5	Aaron Jeffery	Western Suburbs	29.39
6	Tim Burgmann	Helensburgh	30.00
7	Daine Richards	Wollongong City	30.20
8	Jeremy Gibson	Maitland	30.31

**Heat 2 Heats**

1	Lachlan Trowel	Randwick Botany	28.37Q
2	Joshua Head	Wollongong City	29.10Q
3	Adam Potts	Ballina	29.19Q
4	Oliver Smeallie	Mosman	29.25q
5	John Iredale	Cherrybrook	29.54
6	Luke Zaurrini	Kurrajong Bilpin	29.58
7	Richard Stewart	Jamison	30.43
8	Jonathon Gusman	Sawtell-Toormina	30.62

**Final**

1	Alex Kyriacou	Randwick Botany	28.06
2	Lachlan Trowel	Randwick Botany	28.26
3	Tikoa Lene	Doonside	28.83
4	Adam Potts	Ballina	28.84
5	Jack Gilroy	Dubbo RSL	28.90
6	Joshua Head	Wollongong City	29.02
7	Oliver Smeallie	Mosman	29.10
--	Joshua Baker	Winston Hills	DQ

**Boys U11 - 200 Metre Run**

**Heat 1 Heats**

1	Benjamin Alessio	St George	26.92Q
2	Angus Glover	Wollongong City	28.20Q
3	Paul Salem	Ku-Ring-Gai	28.40Q
4	Brodie Vassallo	Kurrajong Bilpin	28.78
5	Ben Ticehurst	Eastern Suburbs	28.92
6	Tyron Portelli	Lethbridge Park	29.41

**Heat 2 Heats**

1	Connor Kirkwood	Maitland	27.99Q
2	Jordan Shelley	Hills District	28.34Q
3	Antonee Burke	Adamstown	28.48Q
4	Jermey Carpenter	Cowra	28.56q
5	Alex Nguyen-Ha	Cherrybrook	28.64q
6	Kye Duncan	Woolgoolga	28.84
7	Keaton Bates	Camden	28.95
8	Mitchell Phillips	Wollongong City	29.34

**Final**

1	Benjamin Alessio	St George	26.71
2	Angus Glover	Wollongong City	27.21
3	Jordan Shelley	Hills District	27.23
4	Connor Kirkwood	Maitland	27.25
5	Jermey Carpenter	Cowra	28.15

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6	Antonee Burke	Adamstown	28.25
7	Paul Salem	Ku-Ring-Gai	28.27
8	Alex Nguyen-Ha	Cherrybrook	28.52

**Boys U12 - 200 Metre Run**

**Heat 1 Heats**

1	Jaydn Phillips	Camden	27.11Q
2	Tim Walsh	Ku-Ring-Gai	27.19Q
3	Luke Watts	Albion Park	27.28Q
4	Adam Peachey	Port Hacking	27.49q
5	Benjamin Allen	Tamworth	28.02
6	Luke Haworth	Charlestown	28.81

**Heat 2 Heats**

1	Joshua Parkinson	Tuggerah Lakes M	26.40Q
2	Justin Brown	Manly Warringah	26.98Q
3	Bailey White	Wollongong City	27.12Q
4	Cameron Moore	Sutherland	27.36q
5	Bradley Dawson	Liverpool City	28.49
6	Jacob Barnes	Shoalhaven	28.61
7	Lochlan Barlow	Kurrajong Bilpin	28.81

**Final**

1	Joshua Parkinson	Tuggerah Lakes M	26.30
2	Bailey White	Wollongong City	26.90
3	Tim Walsh	Ku-Ring-Gai	26.93
4	Luke Watts	Albion Park	27.07
5	Justin Brown	Manly Warringah	27.12
6	Jaydn Phillips	Camden	27.13
7	Cameron Moore	Sutherland	27.76
8	Adam Peachey	Port Hacking	27.81

**Boys U13 - 200 Metre Run**

**Heat 1 Heats**

1	Jonathan Lagos	Rouse Hill Rams	24.60Q
2	Anthony Palmer	Cherrybrook	24.74Q
3	Christopher Debrin	Camden	25.47Q
4	Chris Theseira	Manly Warringah	25.52q
5	David Sheridan	Sawtell-Toormina	25.96
6	Joshua Gorrie	Kiama	26.35

**Heat 2 Heats**

1	Anas Ganaba Abu	Blacktown	24.73Q
2	Murtaza Tahiri	Tiger Wests	25.13Q
3	Alex Leighton	Macquarie Hunter	25.30Q
4	Sasha Stevenson-Ma	Mt Pritchard	25.46q
5	Kardue Daniels	Wollongong City	25.86
6	Dominic Neylan	Cardiff	26.06

**Final**

1	Anthony Palmer	Cherrybrook	24.43
2	Anas Ganaba Abu	Blacktown	24.62
3	Jonathan Lagos	Rouse Hill Rams	24.83
4	Chris Theseira	Manly Warringah	25.05
5	Murtaza Tahiri	Tiger Wests	25.23
6	Alex Leighton	Macquarie Hunter	25.65

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7	Christopher Debrin	Camden	25.91
8	Sasha Stevenson-Ma	Mt Pritchard	26.08

## Boys U14 - 200 Metre Run

### Heat 1 Heats

1	Harry Grove	Tumut District	24.06Q
2	William Tom	Wollongong City	24.09Q
3	Oscar Pople	Eastern Suburbs	24.33Q
4	Wade Hazell	Tamworth	24.56q
5	Jahnayah Freeman	Young and District	24.63q
6	Elia Morisio	Blacktown	24.96
7	Thomas Wonga	Bankstown Sports	25.23

### Heat 2 Heats

1	Ryan Cole	Sawtell-Toormina	24.21Q
2	Akbar Ali Gulzari	Tiger Wests	24.60Q
3	Christain Said	South Eastern	24.78Q
4	Marcus Venables	Cherrybrook	25.02
5	Rhys Buckton	Macquarie Hunter	25.23
6	Joshua Mawhinney	Northern Districts	25.33
7	Johann D'Cunha	Jamison	25.54

### Final

1	Harry Grove	Tumut District	23.90
2	Oscar Pople	Eastern Suburbs	24.03
3	William Tom	Wollongong City	24.08
4	Ryan Cole	Sawtell-Toormina	24.13
5	Jahnayah Freeman	Young and District	24.44
6	Christain Said	South Eastern	24.53
7	Wade Hazell	Tamworth	24.56
8	Akbar Ali Gulzari	Tiger Wests	24.70

## Boys U15 - 200 Metre Run

### Heat 1 Heats

1	Thomas Soliman	Blacktown	22.31Q
2	Nicholas Hough	Hills District	22.77Q
3	Jarrold Geddes	Port Hacking	23.02Q
4	Joshua Prem	Albion Park	23.35q
5	Rod Wainwright	Illawong	23.96
6	Joshua Limond	Adamstown	24.41
7	Nathan Walker	Colyton St Clair	24.94

### Heat 2 Heats

1	Ben Jaworski	Cherrybrook	22.99Q
2	Shintaro O'Brien	Port Hacking	23.47Q
3	Jackson Lowe	Manly Warringah	23.56Q
4	Blake Langtry	Liverpool City	23.94q
5	Jordan Cant	Sawtell-Toormina	24.38
6	Tim Marsh	Macquarie Hunter	24.75

### Final

1	Ben Jaworski	Cherrybrook	22.01
2	Thomas Soliman	Blacktown	22.23
3	Nicholas Hough	Hills District	22.37

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4	Jackson Lowe	Manly Warringah	23.26
5	Joshua Prem	Albion Park	23.51
6	Blake Langtry	Liverpool City	24.02

## Boys U17 - 200 Metre Run

### Heat 1 Heats

1	Mitchell English	Wollongong City	23.55Q
2	Mitchell Chatfield	Katoomba	23.69Q
3	Rory Bramble	Forster/Tuncurry	23.71Q
4	George Ockert	Holroyd	23.95
5	Kristopher Button	Eschol Park	23.96
6	James Turner	West Wyalong	24.22
7	Josh Matheson	Jamison	24.31
8	Malcolm Tye	Wyong	24.37

### Heat 2 Heats

1	Jack Parker	Warradale	22.78Q
2	Rory Lenihan	Sawtell-Toormina	23.13Q
3	Anthony Baddock	Winston Hills	23.47Q
4	Jack Katen	Forster/Tuncurry	23.52q
5	Matthew Daniel	Fairfield City	23.59q
6	James Sheehy	Holroyd	24.11
7	James Mbakwe	Hornsby	24.31
8	Andrew Payne	Mudgee	25.00

### Final

1	Jack Parker	Warradale	22.91
2	Rory Lenihan	Sawtell-Toormina	23.23
3	Mitchell Chatfield	Katoomba	23.42
4	Mitchell English	Wollongong City	23.61
5	Jack Katen	Forster/Tuncurry	23.62
6	Anthony Baddock	Winston Hills	23.63
7	Rory Bramble	Forster/Tuncurry	24.33
8	Matthew Daniel	Fairfield City	48.47

## Boys U9 - 400 Metre Run

### Heat 1 Heats

1	Rory Barkley	Northern Suburbs	1:07.71Q
2	Tyler Gunn	Gosford	1:07.85Q
3	Lachlan Foxall	Maitland	1:08.34Q
4	Spencer Blunden	Albion Park	1:09.24q
5	Tristan Croke	Wyong	1:09.70
6	Blake Sherring	Raymond Terrace	1:11.43
7	James Seal	Wollongong City	1:13.73
8	Tarryn Trindall	Doonside	1:18.48

### Heat 2 Heats

1	Vincent Hreszczuk	Camden	1:07.59q
2	Jy Paulson	Bankstown Sports	1:07.72q
3	Nicholas Blakey	South Eastern	1:09.13q
4	Jack Hinds	Randwick Botany	1:09.39q
5	Jayden Kastelan	Emu Plains	1:10.24

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6	Troy Hannaford	Colyton St Clair	1:12.67
7	Chase Karn	Southlakes	1:14.91
8	Will Toovey	Mudgee	1:17.67
<b>Final</b>			
1	Jy Paulson	Bankstown Sports	1:06.22
2	Tyler Gunn	Gosford	1:06.72
3	Rory Barkley	Northern Suburbs	1:07.15
4	Lachlan Foxall	Maitland	1:07.95
5	Nicholas Blakey	South Eastern	1:08.15
6	Vincent Hreszczuk	Camden	1:08.60
7	Jack Hinds	Randwick Botany	1:10.22
8	Spencer Blunden	Albion Park	1:10.50

## **Boys U10 - 400 Metre Run**

### **Heat 1 Heats**

1	Lachlan Trowel	Randwick Botany	1:04.25Q
2	Joshua Head	Wollongong City	1:05.88Q
3	Ben Basten	Ku-Ring-Gai	1:07.01Q
4	Kade Szakacs	Albion Park	1:07.41q
5	Matthew Eaton	Northern Suburbs	1:07.46q
6	Zane Long	Nepean	1:12.36
7	Tiaga Cantor	Cessnock	1:14.03
8	Jonathon Blunden	Kurrajong Bilpin	1:14.62

### **Heat 2 Heats**

1	Alex Kyriacou	Randwick Botany	1:04.10Q
2	Finn Mergler	South Eastern	1:08.47Q
3	Sam Collett	Gosford	1:08.72Q
4	Luke Zaurrini	Kurrajong Bilpin	1:09.29
5	Brett Kelly-Worth	Lismore	1:12.05
6	Joel Holdsworth	Sutherland	1:12.08
7	James Boyd	Edgeworth	1:14.91

### **Final**

1	Alex Kyriacou	Randwick Botany	1:02.49
2	Lachlan Trowel	Randwick Botany	1:02.69
3	Joshua Head	Wollongong City	1:06.13
4	Ben Basten	Ku-Ring-Gai	1:07.18
5	Sam Collett	Gosford	1:07.78
6	Kade Szakacs	Albion Park	1:08.03
7	Finn Mergler	South Eastern	1:08.65
8	Matthew Eaton	Northern Suburbs	1:09.01

## **Boys U11 - 400 Metre Run**

### **Heat 1 Heats**

1	Benjamin Alessio	St George	1:01.73Q
2	Connor Kirkwood	Maitland	1:03.17Q
3	Adam Halmy	Northern Districts	1:04.37Q
4	Cody White	Albion Park	1:05.90q
5	Sam Woods	Milton-Ulladulla	1:07.11
6	Craig Bayley	Sutherland	1:07.63
7	Leighton Taylor	Westlakes	1:11.08

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## Heat 2 Heats

1	James McFadden	Ku-Ring-Gai	1:03.08Q
2	Jack Newman	Maitland	1:04.14Q
3	Luke Gorman	Manly Warringah	1:04.31Q
4	Tyron Portelli	Lethbridge Park	1:06.09q
5	Andrew Abdullah	Illawong	1:06.69
6	Bailey Woodward	Green Valley	1:07.73
7	Adam Bassuni	Wollongong City	1:09.12

## Final

1	Benjamin Alessio	St George	1:01.01
2	Connor Kirkwood	Maitland	1:01.69
3	James McFadden	Ku-Ring-Gai	1:02.27
4	Jack Newman	Maitland	1:03.11
5	Adam Halmy	Northern Districts	1:03.54
6	Luke Gorman	Manly Warringah	1:03.79
7	Cody White	Albion Park	1:07.43
8	Tyron Portelli	Lethbridge Park	1:08.20

## Boys U12 - 400 Metre Run

### Heat 1 Heats

1	Jack Collett	Gosford	1:01.18Q
2	Tim Walsh	Ku-Ring-Gai	1:02.34Q
3	Gus Frank	Milton-Ulladulla	1:03.99Q
4	Dale Thomas	Port Macquarie	1:04.09q
5	Matthew Popovic	Bankstown Sports	1:04.77
6	Alwyn Mi	Western Suburbs	1:05.05
7	Ryan Griffin	Orange	1:05.31
8	Mitchell Haynes	Liverpool City	1:06.65

### Heat 2 Heats

1	Billy Newman	Maitland	1:00.68Q
2	Mitchell Lucas	Port Hacking	1:01.38Q
3	Matthew Crowe	Northern Suburbs	1:01.69Q
4	Anthony Schmidt	Liverpool City	1:03.07q
5	Christopher Arditt	Bankstown Sports	1:05.22
6	Billy Cockbain	Stuarts Point	1:06.39

## Final

1	Jack Collett	Gosford	59.88
2	Mitchell Lucas	Port Hacking	1:00.49
3	Tim Walsh	Ku-Ring-Gai	1:00.76
4	Matthew Crowe	Northern Suburbs	1:02.88
5	Billy Newman	Maitland	1:02.89
6	Dale Thomas	Port Macquarie	1:04.57
7	Anthony Schmidt	Liverpool City	1:05.01
8	Gus Frank	Milton-Ulladulla	1:06.06

## Boys U13 - 400 Metre Run

### Heat 1 Heats

1	Jonathon Legas	Bankstown Sports	57.18Q
2	Morgan Paterson	Nth Rocks Carlingford	57.47Q
3	Murtaza Tahiri	Tiger Wests	57.63Q
4	William Richardson	Northern Suburbs	58.24q
5	Daniel Keene	Emu Plains	1:00.12

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6	Patrick Abraham	Forster/Tuncurry	1:03.38
7	Shiva Mudaliar	Green Valley	1:08.27
<b>Heat 2 Heats</b>			
1	Simon Cox	Mosman	57.78Q
2	Kardue Daniels	Wollongong City	57.89Q
3	Max Wilson	Randwick Botany	58.48Q
4	Joshua Gorrie	Kiama	58.89q
5	Asghar Ali Gulzari	Tiger Wests	59.39
6	Charlie Hoswell	Port Stephens	1:00.39
7	Tayler Currie	Werrington	1:04.11
<b>Final</b>			
1	William Richardson	Northern Suburbs	56.31
2	Murtaza Tahiri	Tiger Wests	56.51
3	Morgan Paterson	Nth Rocks Carlingford	56.53
4	Simon Cox	Mosman	56.77
5	Jonathon Legas	Bankstown Sports	56.81
6	Max Wilson	Randwick Botany	59.29
7	Joshua Gorrie	Kiama	59.55
--	Kardue Daniels	Wollongong City	DNF

**Boys U14 - 400 Metre Run**

<b>Heat 1 Heats</b>			
1	Byron Cavender	Gosford	54.37Q
2	Jack Fouracre	Campbelltown Collegians	55.14Q
3	Samuel Willmott	Port Hacking	55.53Q
4	Brodie Leeson	Albion Park	56.28q
5	Duane Tennent	Hills District	58.51
6	Bradie Smith	Singleton	59.75
7	Timothy Hawes	Jamison	1:00.59
<b>Heat 2 Heats</b>			
1	Patrick Rose	Griffith	55.01Q
2	Julian Dimitriou	Hills District	56.27Q
3	Akbar Ali Gulzari	Tiger Wests	56.36Q
4	Eamon Little	Glenbrook	56.61q
5	Aaron Crawford	Bankstown Sports	58.18
6	Jaid Godden	Lithgow	1:01.00
7	Jarrold Davis	Forster/Tuncurry	1:02.90
<b>Final</b>			
1	Jack Fouracre	Campbelltown Collegians	53.58
2	Patrick Rose	Griffith	53.87
3	Byron Cavender	Gosford	54.52
4	Samuel Willmott	Port Hacking	55.10
5	Brodie Leeson	Albion Park	55.26
6	Eamon Little	Glenbrook	56.11
7	Julian Dimitriou	Hills District	56.12
8	Akbar Ali Gulzari	Tiger Wests	56.24

**Boys U15 - 400 Metre Run**

<b>Heat 1 Heats</b>			
1	Campbell Hislop	Springwood	52.41Q
2	Jackson Lowe	Manly Warringah	52.62Q
3	Byron Smith	Armidale	53.58Q

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4	Dylan Yates	Macquarie Hunter	54.26
5	Alexander Parker	Sutherland	55.16
6	Alex Celio	Emu Plains	55.25
7	Nathan Walker	Colyton St Clair	57.15
<b>Heat 2 Heats</b>			
1	Michael Yap	Parramatta	52.54Q
2	Riley Scelly	Young and District	52.71Q
3	Philip Spratt	Illawong	53.07Q
4	Jack Tropea	Cherrybrook	53.97q
5	Phillip Komninos	Lake Illawarra	54.25q
6	Caine Trindall	Kiama	54.46
7	Jordan Gusman	Sawtell-Toormina	55.97
8	Stathis Messaris	Bankstown Sports	57.20
<b>Final</b>			
1	Jackson Lowe	Manly Warringah	51.10
2	Campbell Hislop	Springwood	51.60
3	Michael Yap	Parramatta	52.08
4	Philip Spratt	Illawong	52.70
5	Byron Smith	Armidale	53.38
6	Riley Scelly	Young and District	53.47
7	Jack Tropea	Cherrybrook	53.91
8	Phillip Komninos	Lake Illawarra	54.79

## **Boys U17 - 400 Metre Run**

<b>Heat 1 Heats</b>			
1	Peter Amor	Parkes	51.36Q
2	Jack Parker	Warradale	52.10Q
3	Gareth Ryan	Albion Park	52.55Q
4	Anthony Baddock	Winston Hills	53.32q
5	James Smithson	Bankstown Sports	53.91
6	Sam Haber	Dapto	54.10
7	James Dodd	Port Hacking	54.28
<b>Heat 2 Heats</b>			
1	Ian Halpin	Katoomba	51.87Q
2	Robert Black	Tuggerah Lakes M	52.74Q
3	George Ockert	Holroyd	52.80Q
4	Mitch Gaffey	Kurrajong Bilpin	53.30q
5	Jack Mitchell	Stuarts Point	53.38
6	Will Bromiley	Northern Suburbs	53.76
7	Thomas Earley	Taree	54.53
<b>Final</b>			
1	Jack Parker	Warradale	50.68
2	Ian Halpin	Katoomba	51.06
3	Peter Amor	Parkes	51.09
4	Anthony Baddock	Winston Hills	52.36
5	Robert Black	Tuggerah Lakes M	52.88
6	George Ockert	Holroyd	53.08
7	Mitch Gaffey	Kurrajong Bilpin	53.83
--	Gareth Ryan	Albion Park	DNF

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**Boys U9 - 800 Metre Run**

1	Nicholas Blakey	South Eastern	2:33.53
2	Tyler Gunn	Gosford	2:34.82
3	Jack Hinds	Randwick Botany	2:35.68
4	Tyler Egan	Bowral	2:38.72
5	Rory Barkley	Northern Suburbs	2:39.74
6	James Seal	Wollongong City	2:39.87
7	Brock Scrivener	Wollongong City	2:42.36
8	Chase Karn	Southlakes	2:45.01
9	Jack Nicholls	Ku-Ring-Gai	2:46.43
10	Troy Hannaford	Colyton St Clair	2:48.02
11	Jy Paulson	Bankstown Sports	2:51.63
12	Joshua Guy	Sawtell-Toormina	2:51.94
13	Blake Sherring	Raymond Terrace	2:57.51
14	Jayden Kastelan	Emu Plains	2:58.47
15	Timothy Ison	Port Hacking	2:59.07
16	Tarryn Trindall	Doonside	3:08.07

**Boys U10 - 800 Metre Run**

1	Joshua Head	Wollongong City	2:26.39
2	Alex Kyriacou	Randwick Botany	2:27.08
3	Finn Mergler	South Eastern	2:31.65
4	Kade Szakacs	Albion Park	2:31.97
5	Jarrod Herrmann	Port Hacking	2:36.78
6	Ben Basten	Ku-Ring-Gai	2:37.81
7	Jesse Maxwell	Macquarie Hunter	2:39.55
8	Joshua Atherton	Campbelltown Collegians	2:41.13
9	Jonathon Gusman	Sawtell-Toormina	2:42.08
10	Bradley Wright	Parramatta	2:43.89
11	Thomas Williams	Ku-Ring-Gai	2:45.68
12	Matthew Williams	Medowie	2:46.02
13	Obssa Youssouf	Liverpool City	2:47.17
14	Daine Richards	Wollongong City	2:47.50
15	Jack Pearce	Emu Plains	2:49.61
16	Zane Long	Nepean	2:54.46

**Boys U11 - 800 Metre Run**

1	James McFadden	Ku-Ring-Gai	2:23.24
2	Adam Halmy	Northern Districts	2:23.95
3	Benjamin Thomson	Hills District	2:27.09
4	Sam Woods	Milton-Ulladulla	2:29.88
5	Maverick Tweedie	Campbelltown Collegians	2:30.39
6	Jye Edwards	Albion Park	2:31.60
7	Samuel McNaughton	Helensburgh	2:32.00
8	Jay Pearce	Emu Plains	2:32.17
9	Kurt Fryer	Randwick Botany	2:32.18
10	Kyle Roe	Jamison	2:33.05
11	Hamish Macdonald	Wollongong City	2:34.30
12	Ethan Dhu	Doonside	2:34.42

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13	Bradley Andrews	Edgeworth	2:35.29
14	Nicholas Rinkin	Maitland	2:36.93
15	Samuel Barry	Singleton	2:37.12

**Boys U12 - 800 Metre Run**

1	Jack Collett	Gosford	2:19.41
2	Maine Vidler	Cherrybrook	2:19.58
3	Alexander Seal	Wollongong City	2:22.08
4	Jarrod Biczo	Glenbrook	2:24.31
5	James Cox	Gosford	2:24.52
6	Jasper Muir	Singleton	2:24.65
7	Mitchell Lucas	Port Hacking	2:25.33
8	Daniel Francken	Katoomba	2:26.28
9	Nicholas Cain	Macquarie Hunter	2:27.43
10	Cameron Barrett	Albion Park	2:27.89
11	Carl Williams	Medowie	2:27.97
12	Rhys Gillon	Sutherland	2:28.23
13	Tom Stafford	Kurrajong Bilpin	2:29.39
14	Daniel White	Campbelltown Collegians	2:29.96
15	Gus Frank	Milton-Ulladulla	2:30.11
16	Braeden Ferdinands	Balmain	2:30.22

**Boys U13 - 800 Metre Run**

1	William Richardson	Northern Suburbs	2:12.60
2	Pierce Coles-Sinclair	Illawong	2:13.00
3	Max Wilson	Randwick Botany	2:13.90
4	Hamish Paine	Wollongong City	2:15.30
5	Asghar Ali Gulzari	Tiger Wests	2:16.30
6	Ilias Hassani	Tiger Wests	2:16.70
7	Hamish Gordon	Dubbo RSL	2:17.70
8	Will Back	Ku-Ring-Gai	2:18.30
9	Daniel Keene	Emu Plains	2:19.40
10	Joshua Kentwell	Dapto	2:20.60
11	Conor O'Sullivan	Manly Warringah	2:21.00
12	Beau Tape	Stuarts Point	2:22.20
13	Patrick Abraham	Forster/Tuncurry	2:24.30
14	James Franklin	Woolgoolga	2:26.90
15	Joshua Rodman	Penrith Valley	2:41.70

**Boys U14 - 800 Metre Run**

1	Byron Cavender	Gosford	2:05.40
2	Patrick Rose	Griffith	2:07.58
3	Saiyer Naizmand	Tiger Wests	2:07.69
4	James King	South Eastern	2:08.88
5	Jaid Godden	Lithgow	2:10.37
6	Matthew Still	Campbelltown Collegians	2:12.56
7	Riley Delaney	St George	2:14.99
8	Liam Whiting	Ku-Ring-Gai	2:16.86
9	Hayden Crossland	Wollongong City	2:18.76
10	Thomas McCoy	Kurrajong Bilpin	2:19.27
11	Tyrone Evans	Wellington	2:21.27

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12	Nathan Fazldad	Nepean	2:21.42
13	Matthew Mascord	Macquarie Hunter	2:24.46
14	Matthew Berrington	Sawtell-Toormina	2:30.80
15	Korah Cross	Port Macquarie	2:48.43

**Boys U15 - 800 Metre Run**

1	Vincent Donnadieu	Port Hacking	2:02.88
2	Riley Scelly	Young and District	2:03.33
3	Michael Yap	Parramatta	2:03.79
4	Byron Smith	Armidale	2:04.75
5	Byron O'Connell	Macquarie Hunter	2:04.81
6	Jordan Gusman	Sawtell-Toormina	2:05.54
7	Robert Dredge	Tuggerah Lakes M	2:06.03
8	Campbell Hislop	Springwood	2:07.07
9	Philip Spratt	Illawong	2:07.77
10	Alexander Parker	Sutherland	2:09.50
11	David Stone	Emu Plains	2:11.07
12	Bryce Coles-Sincla	Illawong	2:11.19
13	Matthew Van Arkel	Hills District	2:14.84
14	Alex Celio	Emu Plains	2:15.71
15	Mitchell Pink	Shoalhaven	2:24.37

**Boys U17 - 800 Metre Run**

1	Richard Newell	Randwick Botany	2:00.80
2	Ian Halpin	Katoomba	2:02.21
3	Robert Black	Tuggerah Lakes M	2:02.93
4	Jason Invernon	Lake Illawarra	2:04.11
5	Jack O'Connor	Maitland	2:09.21
6	Ethan Beard	Bowral	2:09.63
7	Benjamin Knobel	Campbelltown Collegians	2:12.75
8	Daniel Powe	Camden	2:14.20
9	Conrad Bond	Wallsend RSL	2:16.28
10	Lachlan Pincham	Colyton St Clair	2:17.62
11	Samuel Dicker	Tiger Wests	2:23.61

**Boys U10 - 1500 Metre Run**

1	Joshua Head	Wollongong City	4:59.43
2	Finn Mergler	South Eastern	5:03.22
3	Kade Szakacs	Albion Park	5:06.69
4	Jarrod Herrmann	Port Hacking	5:09.05
5	Jack Armson	Ryde	5:16.02
6	Jesse Maxwell	Macquarie Hunter	5:21.02
7	Jordan Glover	Hills District	5:22.01
8	Matthew Williams	Medowie	5:23.71
9	Hayden Jamer	Cherrybrook	5:26.85
10	Joshua Atherton	Campbelltown Collegians	5:29.59
11	Tristan Muir	Singleton	5:30.64
12	Alex Hudson	Greystanes	5:33.19
13	Obssa Youssouf	Liverpool City	5:34.66
14	Ryan Gregory	Nepean	5:35.33
15	Jack Pearce	Emu Plains	5:37.47

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**Boys U11 - 1500 Metre Run**

1	Adam Halmy	Northern Districts	4:49.28
2	Benjamin Thomson	Hills District	4:52.84
3	Jay Pearce	Emu Plains	4:55.61
4	Kurt Fryer	Randwick Botany	4:56.18
5	Christopher Fayers	Singleton	4:59.74
6	Kyle Roe	Jamison	5:02.21
7	Sam Woods	Milton-Ulladulla	5:05.72
8	Samuel McNaughton	Helensburgh	5:06.45
9	Hamish Macdonald	Wollongong City	5:08.29
10	Maverick Tweedie	Campbelltown Collegians	5:08.72
11	Nicholas Rinkin	Maitland	5:14.40
12	Jye Perrott	Girraween	5:16.33
13	Jed Frank	Milton-Ulladulla	5:17.11
14	Ethan Dhu	Doonside	5:17.99
15	Samuel Barry	Singleton	5:21.32

**Boys U12 - 1500 Metre Run**

1	Jarrold Biczo	Glenbrook	4:42.39
2	James Cox	Gosford	4:42.92
3	Rhys Gillon	Sutherland	4:43.19
4	Maine Vidler	Cherrybrook	4:45.62
5	Alexander Seal	Wollongong City	4:49.30
6	Cameron Barrett	Albion Park	4:51.92
7	Carl Williams	Medowie	4:56.13
8	Jasper Muir	Singleton	4:58.15
9	Christopher Parker	Sutherland	4:59.00
10	Daniel White	Campbelltown Collegians	4:59.84
11	Daniel Francken	Katoomba	5:01.02
12	Darian Hargreaves	Northern Suburbs	5:04.10
13	Nicholas Cain	Macquarie Hunter	5:11.53
14	Tom Fagan	Eastern Suburbs	5:18.40
15	Kurt Bedford	Lake Illawarra	5:31.89
16	Matthew White	Glenbrook	5:37.25

**Boys U13 - 1500 Metre Run**

1	Max Wilson	Randwick Botany	4:32.65
2	Conor O'Sullivan	Manly Warringah	4:33.90
3	Pierce Coles-Sinclair	Illawong	4:36.44
4	Hamish Gordon	Dubbo RSL	4:38.63
5	Hamish Paine	Wollongong City	4:39.32
6	Joshua Kentwell	Dapto	4:41.20
7	Ilias Hassani	Tiger Wests	4:46.62
8	Asghar Ali Gulzari	Tiger Wests	4:54.44
9	Will Back	Ku-Ring-Gai	4:54.48
10	Anthony Jones	Gosford	4:59.82
11	James Franklin	Woolgoolga	5:02.07
12	Beau Tape	Stuarts Point	5:04.88
13	Jack Dhu	Doonside	5:27.35
14	Nicholas Hokin	Preston Robins	5:31.67

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15	Brodie Pascoe	Westlakes	5:41.40
16	Nicholas Bosley	Nepean	5:43.05

**Boys U14 - 1500 Metre Run**

1	Byron Cavender	Gosford	4:26.45
2	Jack Stapleton	Parramatta	4:30.91
3	Josh Williams	Ku-Ring-Gai	4:33.89
4	Matthew Still	Campbelltown Collegians	4:38.17
5	Riley Delaney	St George	4:38.51
6	Adam Booth	Randwick Botany	4:42.38
7	Tyrone Evans	Wellington	4:44.57
8	Steven Srzich	Warradale	4:52.42
9	Matthew Mascord	Macquarie Hunter	4:54.51
10	Thomas McCoy	Kurrajong Bilpin	4:57.00
11	Matthew Berrington	Sawtell-Toormina	4:59.12
12	Hayden Crossland	Wollongong City	5:01.01
13	Jake Dunn	Dubbo	5:02.87
14	Kurtis Birch-Ward	Bankstown Sports	5:05.18
15	Jacob Lowe	Westlakes	5:17.18

**Boys U15 - 1500 Metre Run**

1	Vincent Donnadieu	Port Hacking	4:20.79
2	Byron O'Connell	Macquarie Hunter	4:21.82
3	Robert Dredge	Tuggerah Lakes M	4:23.66
4	Chris Doran	Helensburgh	4:27.80
5	Byron Smith	Armidale	4:28.34
6	Guy Walters	Macquarie Hunter	4:29.59
7	Alexander Parker	Sutherland	4:31.07
8	James Bergfield	Ryde	4:32.90
9	Gavin Smith	Mt Druitt	4:35.90
10	Nathan West	Springwood	4:41.29
11	Gareth Williams	Dubbo	4:55.69
12	Hayden Miller	Shoalhaven	4:55.87
13	Kyle Stewart	Mt Pritchard	5:03.44

**Boys U17 - 1500 Metre Run**

1	Jason Invernon	Lake Illawarra	4:23.06
2	Jack O'Connor	Maitland	4:24.85
3	Ethan Beard	Bowral	4:26.15
4	Robert Black	Tuggerah Lakes M	4:27.21
5	Matthew Wormington	Wallsend RSL	4:28.64
6	Gareth Ryan	Albion Park	4:31.99
7	Malcolm Ramsay	Ryde	4:35.59
8	James Dodd	Port Hacking	4:38.25
9	Benjamin Knobel	Campbelltown Collegians	4:40.93
10	Mike Hobbs	Northern Suburbs	4:48.09
11	Jed Willis	Campbelltown Collegians	5:08.84

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**Boys U13 - 3000 Metre Run**

1	Max Wilson	Randwick Botany	9:58.69
2	Conor O'Sullivan	Manly Warringah	10:04.22
3	Charlie Hunter	Gosford	10:29.76
4	James Franklin	Woolgoolga	10:38.15
5	Simon Camire	Newcastle City	10:48.47
6	David Pike	Port Hacking	10:50.20
7	Anthony Jones	Gosford	11:02.55
8	Christopher Nielse	Smithfield	11:13.35
9	Aaron Morham	Finley	11:22.97
10	Nicholas Hokin	Preston Robins	11:40.11
11	John Dawson	Liverpool City	12:00.51
12	Jack Dhu	Doonside	12:12.50
13	Jake Edwards	Albion Park	12:50.53
14	Timothy Trainer	Mudgee	13:03.69
--	Lincoln Blissett	Forster/Tuncurry	DNF
--	Jawaid Rezai	Tiger Wests	DNF

**Boys U14 - 3000 Metre Run**

1	Jack Stapleton	Parramatta	9:31.12
2	Josh Williams	Ku-Ring-Gai	9:52.98
3	Adam Booth	Randwick Botany	10:14.91
4	Andrew Louw	Cherrybrook	10:23.41
5	Steven Srzich	Warradale	10:26.64
6	Luke Cox	Campbelltown Collegians	10:32.53
7	Jacob Tiernan	Cootamundra	10:35.78
8	Tyrone Evans	Wellington	10:46.01
9	Marko Paulic	Mt Pritchard	10:48.00
10	Bradie Smith	Singleton	10:50.65
11	Matthew Mascord	Macquarie Hunter	10:52.20
12	Matthew Berrington	Sawtell-Toormina	10:53.73
13	Jake Dunn	Dubbo	11:24.25
14	Josh Hodge	Balmain	11:40.04
15	Andreas Gregg	Blacktown	11:48.33

**Boys U15 - 3000 Metre Run**

1	Daniel Terranova	Cherrybrook	9:30.32
2	Guy Walters	Macquarie Hunter	9:31.29
3	Kieran Briscoe	Western Suburbs	9:38.26
4	Chris Doran	Helensburgh	9:48.68
5	Bryce Coles-Sincla	Illawong	9:56.27
6	Blake Wigley	Hills District	10:02.75
7	Jack Pearce	Macquarie Hunter	10:07.27
8	Gavin Smith	Mt Druitt	10:07.91
9	Daniel Maran	Mt Pritchard	10:09.21
10	Hayden Miller	Shoalhaven	10:10.00
11	Craig Carmody	Springwood	10:10.14
12	Mitchell Markham	Medowie	11:10.34

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**Boys U17 - 3000 Metre Run**

1	Jason Invernon	Lake Illawarra	9:40.99
2	Matthew Wormington	Wallsend RSL	9:42.81
3	Ethan Beard	Bowral	10:05.07
4	Benjamin Knobel	Campbelltown Collegians	10:31.99
5	Lachlan Pincham	Colyton St Clair	10:34.32
6	Samuel Gunderson-B	Northern Suburbs	10:37.22
7	Jake Rudge	Port Stephens	10:45.92
8	Tim Hart	Eschol Park	11:18.35
9	George Wrigley	Port Hacking	12:54.24

**Boys U9 - 60 Metre Hurdles**

**Heat 1 Heats**

1	Rory Barkley	Northern Suburbs	9.85Q
2	Aron Cox	Kiama	10.11Q
3	Spencer Blunden	Albion Park	10.29Q
4	Aidan Wallace	Sawtell-Toormina	10.31q
5	Bailey Antrobus	Wollongong City	10.76q
6	Zane Camenzuli	Emu Plains	10.96
7	Jaime Boutros	Bankstown Sports	10.98
8	Sean McLachlan	Inverell	11.40

**Heat 2 Heats**

1	Kelsey Howe	Northern Suburbs	10.29Q
2	Nicholas Frost	Northern Districts	10.36Q
3	Thomas Carroll	Liverpool City	10.44Q
4	Joshua Azzopardi	Camden	10.86
5	Dale Botfield	Campbelltown Collegians	11.01
6	Jack Sweeney	Jamison	11.18
7	Chase Karn	Southlakes	11.20
8	Brooklyn Hardaker	Randwick Botany	11.72

**Final**

1	Rory Barkley	Northern Suburbs	9.66	<b>=RECORD – hand held =record of 9.3sec</b>
2	Aron Cox	Kiama	9.77	
3	Nicholas Frost	Northern Districts	10.01	
4	Aidan Wallace	Sawtell-Toormina	10.07	
5	Kelsey Howe	Northern Suburbs	10.14	
6	Spencer Blunden	Albion Park	10.24	
7	Thomas Carroll	Liverpool City	10.65	
8	Bailey Antrobus	Wollongong City	11.00	

**Boys U10 - 60 Metre Hurdles**

**Heat 1 Heats**

1	Jarrold Twigg	Wollongong City	10.34Q
2	John Carroll	Tuggerah Lakes M	10.75Q
3	Jacob Trindall	Doonside	10.90Q
4	Sam Villata	Griffith	11.05
5	Jonathan Powditch	St George	11.09
6	Sauni Esau	Campbelltown Collegians	11.12
7	Samuel Maxwell	Macquarie Hunter	11.21
8	Jamie Glover	Manly Warringah	12.71

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**Heat 2 Heats**

1	Jake Kambos	Randwick Botany	10.49Q
2	Sam Reynolds	Sawtell-Toormina	10.54Q
3	Aaron Jeffery	Western Suburbs	10.64Q
4	Andrew Chapman	Northern Suburbs	10.67q
5	Todd Methven	Northern Illawarra	10.82q
6	Joshua Smith	Macquarie Hunter	10.83
7	Lachlan Oxley	Doonside	10.87
8	Ethan Burton	Doonside	11.64

**Final**

1	Aaron Jeffery	Western Suburbs	10.38
2	Jarrod Twigg	Wollongong City	10.39
3	John Carroll	Tuggerah Lakes M	10.53
4	Sam Reynolds	Sawtell-Toormina	10.58
5	Andrew Chapman	Northern Suburbs	10.77
6	Jacob Trindall	Doonside	11.61
7	Todd Methven	Northern Illawarra	11.84
8	Jake Kambos	Randwick Botany	13.40

**Boys U11 - 60 Metre Hurdles**

**Heat 1 Heats**

1	Bailey Simonsson	Manly Warringah	9.53Q
2	Bradley Jones	Bankstown Sports	10.23Q
3	Johnathan Dobb	Tuggerah Lakes M	10.25Q
4	Blake Tindall	Maitland	10.33q
5	Gus Hogbin	Douglas Park	10.34q
6	Lewis Hughes	Springwood	10.56
7	Hamish Macdonald	Wollongong City	10.66
8	Caleb Broughton	Nepean	10.79

**Heat 2 Heats**

1	Lachlan Behagg	Manly Warringah	9.81Q
2	Kye Duncan	Woolgoolga	9.86Q
3	Benjamin Alessio	St George	10.02Q
4	Cody White	Albion Park	10.35
5	Thomas Banuelos	Eastern Suburbs	10.43
6	Jack Dalton	Orange	10.56
7	Jacob Moore	Maitland	10.71
8	Kieran Kirk	Doonside	10.90

**Final**

1	Bailey Simonsson	Manly Warringah	9.48
2	Kye Duncan	Woolgoolga	9.55
3	Lachlan Behagg	Manly Warringah	9.69
4	Benjamin Alessio	St George	9.72
5	Johnathan Dobb	Tuggerah Lakes M	9.97
6	Bradley Jones	Bankstown Sports	10.11
7	Blake Tindall	Maitland	10.33
8	Gus Hogbin	Douglas Park	10.35

**Boys U12 - 60 Metre Hurdles**

**Heat 1 Heats**

1	Joshua Byron	Winston Hills	9.90Q
2	Jack Colquhoun	Edgeworth	10.09Q

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3	Tom Lorkin	Eastern Suburbs	10.13Q
4	Ben White	Manly Warringah	10.28q
5	Jye Brooker	Albion Park	10.45
6	Mitchell Acev	Wollongong City	10.45
7	Anthony Schmidt	Liverpool City	10.60
8	Josh Wilson	Kempsey	10.94
<b>Heat 2 Heats</b>			
1	Justin Brown	Manly Warringah	9.71Q
2	Liam Cashman	Port Hacking	9.74Q
3	Zach Edelstein	Eastern Suburbs	9.96Q
4	Mitchell Scott	Kiama	10.26q
5	Mats Kumpulainen	Blacktown	10.32
6	Bradley Dawson	Liverpool City	10.42
6	Jaydan Tuohy	Randwick Botany	10.42
8	Liam Fuller	Woolgoolga	10.66
<b>Final</b>			
1	Justin Brown	Manly Warringah	9.64
2	Tom Lorkin	Eastern Suburbs	9.67
3	Jack Colquhoun	Edgeworth	9.70
4	Joshua Byron	Winston Hills	9.74
5	Liam Cashman	Port Hacking	9.77
6	Ben White	Manly Warringah	9.91
7	Zach Edelstein	Eastern Suburbs	10.07
8	Mitchell Scott	Kiama	11.18

## **Boys U13 - 80 Metre Hurdles**

<b>Heat 1 Heats</b>			
1	Ivor Metcalf	Randwick Botany	12.61Q
2	Christopher Twigg	Wollongong City	12.70Q
3	Duncan Watt	Port Hacking	13.44Q
4	Benjamin Butler	Wyong	13.51
5	Joshua Fernandes	Lake Illawarra	13.77
6	Daniel Bunten	Dapto	14.46
7	Justin Campbell	Doonside	15.76
<b>Heat 2 Heats</b>			
1	William Richardson	Northern Suburbs	12.29Q
2	Aaron McNab	Doonside	12.91Q
3	Eric Ong	Port Hacking	13.11Q
4	Kairo Anderson	Tuggerah Lakes M	13.15q
5	Aymien Chehab	Western Suburbs	13.38q
6	Rees Duncan	Woolgoolga	13.74
7	Nathan Hodge	Ballina	14.36
8	Dion Neist	Liverpool City	14.44
<b>Final</b>			
1	William Richardson	Northern Suburbs	12.22
2	Ivor Metcalf	Randwick Botany	12.49
3	Christopher Twigg	Wollongong City	12.60
4	Aaron McNab	Doonside	13.00
5	Kairo Anderson	Tuggerah Lakes M	13.16
6	Aymien Chehab	Western Suburbs	13.18
7	Duncan Watt	Port Hacking	13.20
8	Eric Ong	Port Hacking	14.44

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**Boys U14 - 90 Metre Hurdles**

**Heat 1 Heats**

1	Joshua Jay	Penrith Valley	12.59Q
2	Gemien Litong	Manly Warringah	12.83Q
3	Brendan Cox	Revesby Workers	13.14Q
4	Zachary Sheridan	Parramatta	13.44q
5	Andrew Millen	Douglas Park	13.64q
6	Dane English	Wollongong City	13.96
7	Dean Colligan	Wallsend RSL	14.07
8	Blake Davis	Edgeworth	16.21

**Heat 2 Heats**

1	Chamath Herath	Parramatta	13.08Q
2	Kerry Cree	Port Hacking	13.50Q
3	Joshua Bingham	Lake Illawarra	13.54Q
4	David Snowdon	Kurrajong Bilpin	13.80
5	Jack Fouracre	Campbelltown Collegians	13.88
6	Jack Rogers	Orange	14.33
7	Zachary Amos	Blacktown	14.47

**Final**

1	Joshua Jay	Penrith Valley	12.30
2	Chamath Herath	Parramatta	12.55
3	Gemien Litong	Manly Warringah	12.85
4	Zachary Sheridan	Parramatta	13.09
5	Andrew Millen	Douglas Park	13.25
6	Joshua Bingham	Lake Illawarra	13.28
7	Kerry Cree	Port Hacking	13.42
8	Brendan Cox	Revesby Workers	13.59

**Boys U15 - 100 Metre Hurdles**

**Heat 1 Heats**

1	Nicholas Hough	Hills District	12.91Q
2	Dean Invernon	Lake Illawarra	13.70Q
3	Jake Stein	Warradale	13.77Q
4	Joshua Venzlauskas	Blacktown	14.41q
5	Christopher Boland	Sutherland	14.69
6	James Blackwood	Canterbury	14.98
7	Jonathon Ramsay	Nth Rocks Carlingford	15.49
8	Dylan Yates	Macquarie Hunter	15.60

**Heat 2 Heats**

1	Jack Bangel	Kurrajong Bilpin	13.49Q
2	Amaan Bhat	Northern Districts	13.83Q
3	Phillip Komninos	Lake Illawarra	14.10Q
4	Ryan Leonard	South Eastern	14.15q
5	Christian Lozada	Port Hacking	14.44
6	Mitchell Chapman	Albion Park	14.67
7	Jack Higgins	Inverell	14.69
8	Andrew Greenwood	Medowie	14.79

**Final**

1	Nicholas Hough	Hills District	12.65	<b>RECORD – Hand held record of 12.4sec</b>
2	Dean Invernon	Lake Illawarra	13.46	
3	Jack Bangel	Kurrajong Bilpin	13.48	

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4	Jake Stein	Warradale	13.54
5	Amaan Bhat	Northern Districts	13.57
6	Joshua Venzlauskas	Blacktown	14.24
7	Ryan Leonard	South Eastern	14.49
8	Phillip Komninos	Lake Illawarra	17.78

## **Boys U17 - 110 Metre Hurdles**

### **Heat 1 Heats**

1	Michael Loudon	Kurrajong Bilpin	14.33Q
2	Nathan Rushworth	Doonside	14.99Q
3	Kristopher Button	Eschol Park	15.17Q
4	Ty Faulkner	Raymond Terrace	15.54q
5	Robert Jessep	Kings Langley	15.87
6	Matthew Smith	Shoalhaven	17.24
7	Luke Blackler	Tamworth	18.76

### **Heat 2 Heats**

1	George Ockert	Holroyd	14.69Q
2	Daniel Ong	Port Hacking	15.05Q
3	Sam Haber	Dapto	15.50Q
4	James Johnson	Northern Districts	15.86q
5	Corey Ingold-Dawes	Everley Park	17.07
6	Thomas Burke	Bowral	17.60
7	Jack Young	Northern Suburbs	20.19

### **Final**

1	Michael Loudon	Kurrajong Bilpin	14.15
2	Nathan Rushworth	Doonside	14.86
3	Daniel Ong	Port Hacking	14.88
4	George Ockert	Holroyd	14.98
5	Sam Haber	Dapto	15.23
6	Kristopher Button	Eschol Park	15.26
7	Ty Faulkner	Raymond Terrace	15.36
8	James Johnson	Northern Districts	16.15

## **Boys U13 - 200 Metre Hurdles**

### **Heat 1 Heats**

1	Eric Ong	Port Hacking	28.81Q
2	Nathan Ramsey	Doonside	29.72Q
3	Mitchel Van Noort	Northern Districts	29.92Q
4	Alexander Webb	Tuggerah Lakes M	30.18q
5	Jayden Broderick	Adamstown	30.39q
6	Daniel Bunten	Dapto	31.09
7	Cameron Chisholm	Lake Illawarra	31.69
8	Nathan Hodge	Ballina	32.14

### **Heat 2 Heats**

1	Dean Johnson	Port Hacking	28.76Q
2	Ivor Metcalf	Randwick Botany	30.36Q
3	Taylor Currie	Werrington	30.72Q
4	Rhys Stein	Warradale	31.40
5	Liam Perry	Camden	32.13
6	Taylor Perks	Sawtell-Toormina	32.14
7	Chris Theseira	Manly Warringah	32.40

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**Final**

1	Dean Johnson	Port Hacking	28.22
2	Eric Ong	Port Hacking	28.31
3	Mitchel Van Noort	Northern Districts	28.57
4	Ivor Metcalf	Randwick Botany	29.14
5	Alexander Webb	Tuggerah Lakes M	29.24
6	Jayden Broderick	Adamstown	29.78
7	Nathan Ramsey	Doonside	30.17
8	Tayler Currie	Werrington	30.22

**Boys U14 - 200 Metre Hurdles**

**Heat 1 Heats**

1	Zachary Sheridan	Parramatta	27.45Q
2	Ben Gordon	Eastern Suburbs	27.89Q
3	Joshua Bingham	Lake Illawarra	28.02Q
4	Dane English	Wollongong City	28.18q
5	Mitchell Fox	Port Hacking	28.38
6	Johann D'Cunha	Jamison	28.77
7	Bradie Smith	Singleton	30.61

**Heat 2 Heats**

1	Chamath Herath	Parramatta	26.77Q
2	Brendan Cox	Revesby Workers	27.17Q
3	Zachary Amos	Blacktown	27.85Q
4	Brodie Leeson	Albion Park	28.20q
5	Brendon Harwanek	Mt Druitt	28.57
6	Blake Davis	Edgeworth	29.10
7	Joshua Mawhinney	Northern Districts	29.42
8	Thomas Studley	Edgeworth	32.13

**Final**

1	Chamath Herath	Parramatta	26.17
2	Zachary Sheridan	Parramatta	26.34
3	Brendan Cox	Revesby Workers	26.94
4	Zachary Amos	Blacktown	27.26
5	Brodie Leeson	Albion Park	27.48
6	Ben Gordon	Eastern Suburbs	27.52
7	Dane English	Wollongong City	27.88
8	Joshua Bingham	Lake Illawarra	27.91

**Boys U15 - 200 Metre Hurdles**

**Heat 1 Heats**

1	Justin Tarabine	Parramatta	25.59Q
2	Phillip Komninos	Lake Illawarra	27.16Q
3	Rod Wainwright	Illawong	27.28Q
4	Andrew Greenwood	Medowie	28.50
5	Jarrold Geddes	Port Hacking	32.20
6	Daniel James	Mudgee	32.73

**Heat 2 Heats**

1	Jack Bangel	Kurrajong Bilpin	25.53Q
2	Nathan Innes	Mudgee	26.45Q
3	Christian Lozada	Port Hacking	26.47Q
4	Ryan Leonard	South Eastern	26.64q
5	Evan Clothier	Northern Districts	27.85q

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6	Stephen Cragg	Manly Warringah	28.11
7	Cameron Moore	Penrith Valley	28.36
8	Benjamin Passfield	Kurri Kurri	30.47
<b>Final</b>			
1	Justin Tarabine	Parramatta	24.86
2	Jack Bangel	Kurrajong Bilpin	25.15
3	Nathan Innes	Mudgee	25.66
4	Phillip Komninos	Lake Illawarra	25.76
5	Christian Lozada	Port Hacking	26.26
6	Evan Clothier	Northern Districts	26.62
7	Rod Wainwright	Illawong	26.87
8	Ryan Leonard	South Eastern	26.98

## Boys U17 - 200 Metre Hurdles

### Heat 1 Heats

1	Michael Loudon	Kurrajong Bilpin	25.24q
2	Mitchell English	Wollongong City	25.79q
3	Anthony Baddock	Winston Hills	26.33q
4	Graham Soling	Manly Warringah	26.94
5	Christopher Tecli	Bankstown Sports	27.36
6	Luke Blackler	Tamworth	27.40
7	Matthew Smith	Shoalhaven	30.20

### Heat 2 Heats

1	Nathan Campbell	Macquarie Hunter	25.42Q
2	Nathan Rushworth	Doonside	25.43Q
3	Sam Haber	Dapto	26.08Q
4	Christopher Dennis	Gosford	26.64q
5	Cameron Jones	Kurrajong Bilpin	26.91q
6	Jaylen Melia	Inverell	27.02

### Final

1	Michael Loudon	Kurrajong Bilpin	24.85
2	Sam Haber	Dapto	24.96
3	Anthony Baddock	Winston Hills	25.07
4	Nathan Rushworth	Doonside	25.31
5	Mitchell English	Wollongong City	25.56
6	Christopher Dennis	Gosford	26.47
7	Cameron Jones	Kurrajong Bilpin	27.18
8	Nathan Campbell	Macquarie Hunter	29.24

## Boys U9 - 700 Metre Walk

1	Lewis Thompson	Randwick Botany	3:23.90
2	Benjamin Tisdale	Girraween	3:31.18
3	Alexander Duffy	Port Hacking	3:35.74
4	Lachlan McGrath	Hills District	3:41.55
5	Elijah Harris	Girraween	3:57.23
6	Marc Zaurrini	Kurrajong Bilpin	3:58.73
7	Kyle Bedford	Nepean	4:00.32
8	Nicholas Bannigan	Manly Warringah	4:00.79
9	Anthony Gale	Mt Druitt	4:17.11
10	Jake Sheppard	Dapto	4:18.46
11	Cory McGinniskin	Edgeworth	4:35.35

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Albert Baloghne	Adamstown	DQ
Cameron Fitzsimmon	Raymond Terrace	DQ

## Boys U10 - 1100 Metre Walk

1	Jordan Glover	Hills District	5:34.19
2	Declan O'Connell	Randwick Botany	5:43.18
3	Jacob Heinrich	Hills District	5:59.57
4	Jarrod Herrmann	Port Hacking	6:10.16
5	Karl Osborne	Ingleburn RSL	6:14.91
6	Michael Murphy	South Eastern	6:16.33
7	Rhys Vorillas	Manly Warringah	6:40.84
8	Lochlan Broughton	Nepean	6:48.20
9	Thomas Phillips	Wallsend RSL	6:50.41
10	Jeffrey Vizgoft	Dapto	6:55.26
11	Mitchell Drew-Rugg	Glenbrook	7:20.37
12	Harry Broad	Bathurst	9:22.84
	Nathan Kuszelyk	Woodberry & Dist	DQ
	Caleb Hill	Raymond Terrace	DQ
	Adam Hanna	Blacktown	DQ
	Tristan McIntosh	Lake Illawarra	DQ

## Boys U11 - 1100 Metre Walk

1	Ethan Dhu	Doonside	5:31.09
2	Hayden Forbes	Tuggerah Lakes M	5:49.95
3	Jordan Wotherspoon	Ballina	6:10.96
4	Bradley Eades	Ingleburn RSL	6:13.52
5	Patrick Estrada	Mt Druitt	6:23.98
6	Lachlan Miller	Eschol Park	6:29.15
7	Joss Knight	Sawtell-Toormina	6:31.81
8	Matthew Murray	Randwick Botany	6:36.24
9	Jordan Pulham	Manly Warringah	6:55.87
10	Sam Price	Lake Illawarra	7:46.27
	Tyler Jones	Wyong	DQ
	Kieran Labrakis	Canterbury	DQ
	Regan Lundy	Raymond Terrace	DQ
	Braydon Chatfield	Dubbo RSL	DQ
	Brendan McCoy	Kurrajong Bilpin	DQ
	Jed Frank	Milton-Ulladulla	DQ

## Boys U12 - 1500 Metre Walk

1	Matthew Oswald	Dapto	7:22.93
2	Johnathon Anestoud	Nepean	7:33.40
3	Kyle Marshall	Doonside	7:35.92
4	Mitchell Acev	Wollongong City	7:39.11
5	Robert Murphy	South Eastern	7:46.15
6	Dezmond Malone	Colyton St Clair	8:15.89
7	Alistair Maclennan	Ku-Ring-Gai	8:21.82
8	Adam Mylonas	Winston Hills	8:37.82
9	Zachary Vaughan	Tuggerah Lakes M	8:38.17
10	Delian Kotevski	Bankstown Sports	8:47.29
11	Brendan Hart	Eschol Park	8:48.13

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12	Liam Keating	Edgeworth	9:05.93
	Matt Rees	Kurri Kurri	DQ
	William Gow	Edgeworth	DQ
	Nicholas Fox	Port Hacking	DQ

### Boys U13 - 1500 Metre Walk

1	Jason Dredge	Tuggerah Lakes M	7:36.11
2	Connor Knight	Sawtell-Toormina	7:47.87
3	Brent Giarratano	Doonside	7:54.00
4	Nicholas Bosley	Nepean	8:16.32
5	Austin Bond	Wallsend RSL	8:19.53
6	Nicholas Shina	Hills District	8:31.97
7	Ciaran Russell	Illawong	9:03.73
8	Jacob Waddell	Holroyd	9:12.55
9	Marko Zitko	Port Hacking	9:45.91
10	David Robertson	Eastern Suburbs	9:54.96
11	James Hay	Wagga Wagga	10:01.27
	Jack Dhu	Doonside	DQ
	Joshua Gauci	Wyong	DQ
	Joshua Kentwell	Dapto	DQ
	Aiden Roberts	Dapto	DQ

### Boys U14 - 1500 Metre Walk

1	Nathan Fazldad	Nepean	6:43.81
2	Jay Felton	Gosford	7:21.07
3	Kurtis Birch-Ward	Bankstown Sports	7:24.22
4	Hayden Sandoz	Ingleburn RSL	8:30.87
5	Adrian Santa Maria	Tallowong Park	8:52.21
6	Adam Batten	Tuggerah Lakes M	8:53.07
7	Zachary Amos	Blacktown	9:06.17
	Matthew Killen	Wyong	DQ
	James Connors	Orange	DQ
	Tyler Harris	Tamworth	DQ
	Nicholas Ryan	Edgeworth	DQ
	Cameron Mee	Randwick Botany	DQ
	Adam Booth	Randwick Botany	DQ

### Boys U15 - 1500 Metre Walk

1	Steven Washburn	Nepean	6:44.64
2	Cheyne Egelton	Nepean	7:15.23
3	Andrew Shaw	Doonside	7:31.83
4	Fletcher McKay	Gosford	8:33.01
5	Benjamin Passfield	Kurri Kurri	8:44.98
6	Brock Korremans	Revesby Workers	9:52.22
	Sam Hayward	Canterbury	DQ
	Joshua Ray	Parramatta	DQ
	Riley Berlecky	Western Suburbs	DQ
	Jack Pearce	Macquarie Hunter	DQ
	Blake Mumberson	Campbelltown Collegians	DQ

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**Boys U17 - 1500 Metre Walk**

1	Kai Maruta	Colyton St Clair	6:46.42
2	Jake Rudge	Port Stephens	6:50.08
3	Adam Toms	Kurrajong Bilpin	7:09.05
4	Nicholas Cavenagh	Northern Suburbs	7:42.98
5	Tim Hart	Eschol Park	8:41.16
	Madison Hughes	Glenbrook	DQ
	Ryan Johnson	Dapto	DQ
	Julian Ingham	Ku-Ring-Gai	DQ
	Anthony Rizzo	Randwick Botany	DQ
	Matthew Malone	Randwick Botany	DQ
	Luke Brannan	Eschol Park	DQ

**Boys U9-12 4x100 Metre Relay (Jnr)**

1	St George		55.07
	1) Matteo Tiscia	2) Liam Pemberton	
	3) Mathew Jenkins	4) Benjamin Alessio	
2	Hills District		55.51
	1) Sergio Gregory	2) Nelson Osifo	
	3) Alex Odoom	4) Jordan Shelley	
3	Albion Park		55.53
	1) Kobe Collier	2) Luke Watts	
	3) Cody White	4) Tristan Brazulaitis	
4	Bankstown Sports		55.70
	1) Jaime Boutros	2) Patrick Bolin	
	3) Alec Nguyen	4) Hadi Youssef	
5	Emu Plains		56.52
	1) Aaron Keene	2) Mitchell Willingham	
	3) Matthew Go	4) Jay Pearce	
6	Northern Suburbs		56.55
	1) Andrew Chapman	2) Alec Diamond	
	3) William Terry	4) Lewis Clabburn	
7	Jamison		57.88
	1) Jack Sweeney	2) Robert Bird	
	3) Kyle Roe	4) Richard Stewart	
8	Macquarie Hunter		1:02.06
	1) Jack Smith	2) Joshua Milford	
	3) Joshua Smith	4) Ben Kerr	

**Boys U13-17 4x100 Metre Relay (Snr)**

1	Manly Warringah		46.30	<b>RECORD - Hand held record of 46.1sec</b>
	1) Chris Theseira	2) Gemien Litong		
	3) Graham Soling	4) Jackson Lowe		
2	Cherrybrook		46.42	
	1) Marcus Venables	2) Anthony Palmer		
	3) Johnathan Palmer	4) Ben Jaworski		
3	Sawtell-Toormina		47.03	
	1) David Sheridan	2) Ryan Cole		
	3) Rory Lenihan	4) Jordan Cant		

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4 Blacktown		47.17
1) Anas Ganaba Abu	2) Dilshen Mooneesamy	
3) Elia Morisio	4) Thomas Soliman	
5 Holroyd		47.33
1) Bradley Crelley	2) James Sheehy	
3) Guy Hollingshed	4) Zach Docker-Clay	
6 Bankstown Sports		48.62
1) Stathis Messaris	2) Aaron Crawford	
3) James Kermond	4) James Smithson	
7 Doonside		51.06
1) Tepai Moeroa	2) Brad Edelman	
3) Andrew Shaw	4) Nathan Rushworth	

## Boys U9 - High Jump

1 Harrison Brierley	Illawong	1.40m	<b>=RECORD</b>
2 Jack Dempsey	Northern Districts	1.26m	
3 Joshua Smith	Illawong	1.22m	
4 Michael Robinson	Kiama	1.22m	
5 Thomas Maclean	Ryde	1.20m	
6 Austin Quast	Colyton St Clair	1.15m	
6 Bailey Massey	Woy Woy	1.15m	
8 Tyren Maclou	Wollongong City	1.15m	
9 Aidan Wallace	Sawtell-Toormina	1.15m	
9 Jayden Kastelan	Emu Plains	1.15m	
11 Shamous McDonagh	Emu Plains	1.10m	
12 Dale Botfield	Campbelltown Collegians	1.10m	
13 Kieran Davies	Armidale	1.05m	
14 Brooklyn Barataud	Eastern Suburbs	1.05m	
15 Aaron Kitch	Wellington	1.00m	

## Boys U10 - High Jump

1 Mason Boyd	Adamstown	1.40m
2 Mitchell Nugent	Illawong	1.38m
3 Todd Methven	Northern Illawarra	1.38m
4 Ty Pullinger	Milton-Ulladulla	1.30m
5 Hayden Perry	Glenbrook	1.30m
6 Sam Richardson	Northern Suburbs	1.30m
7 Joshua Smith	Macquarie Hunter	1.25m
7 Sam Reynolds	Sawtell-Toormina	1.25m
9 Jacob Trindall	Doonside	1.25m
10 Zac Kennedy	Port Hacking	1.25m
11 Alex Cerroti	Western Suburbs	1.20m
12 James Reed	Balmain	1.15m
13 Tyson Holmes	Manly Warringah	1.10m

## Boys U11 - High Jump

1 Bailey Simonsson	Manly Warringah	1.52m
2 Max Winter	Forster/Tuncurry	1.44m
3 Lachlan Behagg	Manly Warringah	1.42m
4 Ashley Doggett	Hills District	1.42m
5 Jack Fowler	Albion Park	1.42m

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6	Craig Bayley	Sutherland	1.35m
7	Gus Hogbin	Douglas Park	1.35m
8	Oscar Dewling	Canterbury	1.30m
9	Ethan Slatford	Springwood	1.30m
9	Angus Glover	Wollongong City	1.30m
9	Canrad Talbot	Macquarie Hunter	1.30m
12	Brent Hazelton	Albion Park	1.30m
13	Jordan Pateman	Port Macquarie	1.25m
14	Adam Kesbah	Western Suburbs	1.20m
15	Jayden Taunton	Nepean	1.15m
15	Lewis Hughes	Springwood	1.15m

### Boys U12 - High Jump

1	Thibaut Potin	Illawong	1.72m	<b>RECORD</b>
2	Thomas Cheel	Ku-Ring-Gai	1.55m	
3	Izaak Thompson	Bankstown Sports	1.53m	
4	Drey Faaeteete	Tiger Wests	1.53m	
5	Matthew Crowe	Northern Suburbs	1.53m	
6	Shidhanth Mudaliar	Liverpool City	1.45m	
7	Brenden Martin	Liverpool City	1.40m	
8	Gus Frank	Milton-Ulladulla	1.40m	
8	Jake Ellis	Southlakes	1.40m	
10	Dylan Page	Illawong	1.40m	
11	Joshua Knight	Grenfell	1.35m	
11	Alec Mathias	Singleton	1.35m	
11	Zane Darcy	Wollongong City	1.35m	
14	Harrison Freckling	Hills District	1.35m	
15	Isaac Heather	Stuarts Point	1.30m	
16	Jacob Green	Preston Robins	1.30m	

### Boys U13 - High Jump

1	Ivor Metcalf	Randwick Botany	1.72m
2	Morgan Paterson	North Rocks	1.70m
3	William Richardson	Northern Suburbs	1.68m
4	Joel Lyons	Kurrajong Bilpin	1.64m
5	Daniel Leary	Temora	1.60m
6	Alex Leighton	Macquarie Hunter	1.55m
7	Liam Woods	Leeton	1.55m
8	Lachlan Andrews	Charlestown	1.50m
9	Dean Johnson	Port Hacking	1.45m
10	Sasha Stevenson-Ma	Mt Pritchard	1.45m
11	Scott Moran	Manly Warringah	1.45m
12	Dylan Wakefield	Parkes	1.45m
13	Jake Cairns	Bankstown Sports	1.40m
13	Bradley Crelley	Holroyd	1.40m
15	Anas Ganaba Abu	Blacktown	1.40m

### Boys U14 - High Jump

1	David Snowdon	Kurrajong Bilpin	1.90m
2	Luke Dale	Sutherland	1.77m
3	Matthew Still	Campbelltown Collegians	1.75m

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4	Eamon Little	Glenbrook	1.71m
5	Dylan Grigg	Doonside	1.67m
6	Jack Rogers	Orange	1.65m
7	Hayden Tahere	Bankstown Sports	1.60m
8	Arian Moran	Parramatta	1.55m
8	Damon Fuller	Armidale	1.55m
10	Rhys Buckton	Macquarie Hunter	1.55m
11	James Frecklington	Hills District	1.55m
11	Jake Ward	Campbelltown Collegians	1.55m
13	Dylan Crandell	Lake Illawarra	1.45m

## Boys U15 - High Jump

1	Thomas Soliman	Blacktown	1.88m
2	Shintaro O'Brien	Port Hacking	1.86m
3	Joshua Venzlauskas	Blacktown	1.80m
4	Marcel Bray	Raymond Terrace	1.80m
5	Jack Andersen	St George	1.75m
6	Riley Scelly	Young and District	1.75m
6	Stephen Cragg	Manly Warringah	1.75m
8	Justin Tarabine	Parramatta	1.75m
9	Cameron Gordon	Campbelltown Collegians	1.70m
10	Gareth Phillips	Randwick Botany	1.70m
11	Daniel Anlezack	Young and District	1.65m
12	Jordan Skeers	Macquarie Hunter	1.65m
13	Brandon Starc	Parramatta	1.60m
14	Cameron Moore	Penrith Valley	1.50m

## Boys U17 - High Jump

1	Brandon Donkin	Raymond Terrace	1.86m
2	Nathan Rushworth	Doonside	1.84m
3	Jayden Worrall	Koorringal Wagga	1.84m
4	Michael Barnett	Finley	1.82m
5	Josh Parsons	Stockton	1.80m
6	Adam Martin	Hornsby	1.75m
6	Corey Ingold-Dawes	Everley Park	1.75m
8	Daniel Townsend	Hornsby	1.75m
8	Will Bromiley	Northern Suburbs	1.75m
10	Josh Craig	Werrington	1.70m
11	Damien Williamson	Armidale	1.65m
12	Zac Reilly	Tiger Wests	1.55m
13	Sean McMullen	Bowral	1.50m
14	Ryan Forrester	Bankstown Sports	1.45m
15	George Ockert	Holroyd	1.40m
	Adam Toms	Kurrajong Bilpin	NH

## Boys U9 - Long Jump

1	Aron Cox	Kiama	4.27m
2	Spencer Blunden	Albion Park	4.07m
3	Justin Sunderland	Ryde	4.02m
4	Joshua Freedman	Western Suburbs	3.99m
5	Jack Dempsey	Northern Districts	3.94m

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6	Rory Barkley	Northern Suburbs	3.90m
7	Jack Rochaix	Ambarvale	3.85m
8	Marc Zaurrini	Kurrajong Bilpin	3.78m
9	Jayden Kastelan	Emu Plains	3.75m
10	Austin Quast	Colyton St Clair	3.75m
11	Jed Englert	Tamworth	3.71m
12	Tyler Egan	Bowral	3.70m
13	Christian Lim	Greystanes	3.68m
14	Jarryd Sutherland	Adamstown	3.62m
15	Jacob McDonald	Sutherland	3.34m
	Isaac Davis	Macquarie Hunter	FOUL

## Boys U10 - Long Jump

1	Frederick Adutwum	Blacktown	4.60m
2	Lachlan Trowel	Randwick Botany	4.38m
3	Aaron Jeffery	Western Suburbs	4.34m
4	Joshua Jordan	Emu Plains	4.26m
5	Alex Odoom	Hills District	4.22m
6	Mitchell Willingha	Emu Plains	4.17m
7	John Carroll	Tuggerah Lakes M	4.17m
8	Jeremy Gibson	Maitland	4.07m
9	Joshua Smith	Macquarie Hunter	3.96m
10	James Sullivan	Winston Hills	3.92m
11	Griffin Lotts	Greystanes	3.92m
12	Mason Boyd	Adamstown	3.88m
13	Ty Pullinger	Milton-Ulladulla	3.82m
13	Sam Villata	Griffith	3.82m
15	Kordell Payne	Eastern Suburbs	3.80m
16	Jack Harper	Temora	3.69m

## Boys U11 - Long Jump

1	Paul Salem	Ku-Ring-Gai	4.80m
2	Brodie Vassallo	Kurrajong Bilpin	4.78m
3	Mason Versi	Port Hacking	4.72m
4	Alex Nguyen-Ha	Cherrybrook	4.64m
5	Brennan Rymer	Werrington	4.63m
6	Kye Duncan	Woolgoolga	4.56m
7	Callen Meir	Macquarie Hunter	4.51m
8	Jack Newman	Maitland	4.50m
9	Jordan Shelley	Hills District	4.39m
10	Craig Bayley	Sutherland	4.36m
11	Jake Lowder	Illawong	4.27m
12	Mitchell Phillips	Wollongong City	4.26m
13	Cody White	Albion Park	4.24m
14	Mitchell Andrews	Glenbrook	4.20m
15	Nicholas Trappett	Wellington	3.92m
16	Gus Hogbin	Douglas Park	3.78m

## Boys U12 - Long Jump

1	Jack Colquhoun	Edgeworth	5.53m
2	Joshua Parkinson	Tuggerah Lakes M	5.37m

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3	Alec Diamond	Northern Suburbs	5.10m
4	Liam Cashman	Port Hacking	4.96m
5	Bailey White	Wollongong City	4.60m
6	Matthew Popovic	Bankstown Sports	4.54m
7	Ryan Griffin	Orange	4.49m
8	Craig Gaudin	Blacktown	4.47m
9	Shaun Villata	Griffith	4.42m
10	Matthew Crowe	Northern Suburbs	4.39m
11	Christopher Thomas	Werrington	4.35m
12	Billy Newman	Maitland	4.30m
13	James Bassil	Randwick Botany	4.18m
14	Ryan Smith	Kurrajong Bilpin	4.10m

**Boys U13 - Long Jump**

1	Raui Poaru	Campbelltown Collegians	5.32m
2	Chris Theseira	Manly Warringah	5.30m
3	Jonathon Legas	Bankstown Sports	5.25m
4	Sarkis Esber	Holroyd	5.20m
5	Jonathan Lagos	Rouse Hill Rams	4.96m
6	Ajay Mohan	Girraween	4.92m
7	Christopher Twigg	Wollongong City	4.92m
8	Anthony Palmer	Cherrybrook	4.92m
9	Alex Fitton	Wollongong City	4.87m
10	Damon Ledger	Armidale	4.86m
11	Anthony Cotello	Colyton St Clair	4.65m
12	Charlie Hoswell	Port Stephens	4.60m
13	Lachlan McRae	Sawtell-Toormina	4.47m
14	Anas Ganaba Abu	Blacktown	4.20m

**Boys U14 - Long Jump**

1	Ryan Cole	Sawtell-Toormina	5.97m
2	David Snowdon	Kurrajong Bilpin	5.64m
3	Brendan Cox	Revesby Workers	5.60m
4	James Paek	Cherrybrook	5.50m
5	Joshua Bingham	Lake Illawarra	5.49m
6	Dean Colligan	Wallsend RSL	5.48m
7	Elia Morisio	Blacktown	5.48m
8	Jahnayah Freeman	Young and District	5.31m
9	Ethan Smith	Kurrajong Bilpin	5.18m
10	Christain Said	South Eastern	5.13m
11	Steven Jessep	Kings Langley	5.12m
12	Ben Irvine	Wallsend RSL	5.00m
13	Aaron Crawford	Bankstown Sports	4.98m
14	Thomas Wongsa	Bankstown Sports	4.94m
15	Luke McBriarty	Wollongong City	4.91m
16	Cameron Robertson	Winston Hills	4.72m

**Boys U15 - Long Jump**

1	Thomas Soliman	Blacktown	7.12m	<b>RECORD</b>
2	Jake Stein	Warradale	6.28m	
3	Jin Su Jung	Cherrybrook	6.27m	

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4	Jarrold Geddes	Port Hacking	6.15m
5	Shintaro O'Brien	Port Hacking	6.09m
6	Justin Tarabine	Parramatta	6.07m
7	Evan Clothier	Northern Districts	5.97m
8	Rory Docking	South Eastern	5.85m
9	Scott McCarthy	Warradale	5.62m
10	Kyle Grubnic	Albion Park	5.61m
11	Caine Trindall	Kiama	5.58m
12	Joshua Prem	Albion Park	5.46m
13	Christopher Boland	Sutherland	5.38m
14	Jordan Cant	Sawtell-Toormina	5.36m
15	Joshua Limond	Adamstown	5.07m
16	Joshua Allen	Tamworth	4.87m

## Boys U17 - Long Jump

1	Brandon Donkin	Raymond Terrace	6.43m
2	Josh Parsons	Stockton	6.30m
3	Matthew Soliman	Blacktown	6.03m
4	James Smithson	Bankstown Sports	5.92m
5	James Sheehy	Holroyd	5.87m
6	Malcolm Tye	Wyong	5.73m
7	Mitchell Proctor	Warradale	5.73m
8	Johnathan Palmer	Cherrybrook	5.72m
9	Damien Williamson	Armidale	5.61m
10	James Mbakwe	Hornsby	5.57m
11	Daniel Bray	Lithgow	5.45m
12	Jayden Worrall	Koorringal Wagga	5.36m
13	Kristopher Button	Eschol Park	5.23m
14	Matthew Daniel	Fairfield City	4.29m

## Boys U11 - Triple Jump

1	Bailey Simonsson	Manly Warringah	10.28m
2	Jordan Shelley	Hills District	9.96m
3	Mitchell Andrews	Glenbrook	9.78m
4	Edward Trippas	Northern Suburbs	9.47m
5	Alex Lawrence	Koorringal Wagga	9.42m
6	Brennan Rymer	Werrington	9.33m
7	Jordan Pateman	Port Macquarie	9.22m
8	Jacob Moore	Maitland	9.14m
9	Kieran Kirk	Doonside	8.98m
10	Mason Versi	Port Hacking	8.97m
11	Joshua Vazzoler	Kiama	8.74m
12	Flynn Fielding	Camden	8.73m
13	Brent Hazelton	Albion Park	8.62m
14	Bradley Jones	Bankstown Sports	8.60m
	Jake Lowder	Illawong	FOUL

## Boys U12 - Triple Jump

1	Joshua Parkinson	Tuggerah Lakes M	11.10m
2	Liam Cashman	Port Hacking	10.93m
3	Alec Diamond	Northern Suburbs	10.74m

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4	Justin Brown	Manly Warringah	10.36m
5	Zach Holdsworth	Sutherland	10.24m
6	Craig Gaudin	Blacktown	10.11m
7	Nicholas Fox	Port Hacking	9.92m
8	Haydn Brown	Stockton	9.81m
9	Christopher Thomas	Werrington	9.75m
10	Billy Newman	Maitland	9.43m
11	Joshua Marshall	Prospect	9.33m
12	James Bassil	Randwick Botany	9.21m
13	Josh Wilson	Kempsey	9.14m
14	Zane Darcy	Wollongong City	8.71m
15	Jye Brooker	Albion Park	8.69m

**Boys U13 - Triple Jump**

1	Jonathan Lagos	Rouse Hill Rams	11.54m
2	Nathan Ramsey	Doonside	11.41m
3	Tepai Moeroa	Doonside	11.39m
4	Raui Poaru	Campbelltown Collegians	11.32m
5	Morgan Paterson	North Rocks	10.83m
6	Oliver Grimson	Camden Haven	10.53m
7	Christopher Twigg	Wollongong City	10.32m
8	Dean Johnson	Port Hacking	10.25m
9	Ivor Metcalf	Randwick Botany	10.21m
10	Aaron McNab	Doonside	9.82m
11	Benjamin Butler	Wyong	9.69m
12	Jayden Broderick	Adamstown	9.66m
13	Daniel Bunten	Dapto	9.58m
14	Daniel Jeffs	Cardiff	8.89m
--	Alex Fitton	Wollongong City	FOUL

**Boys U14 - Triple Jump**

1	David Snowdon	Kurrajong Bilpin	12.13m
2	Luke Dale	Sutherland	11.88m
3	Joshua Bingham	Lake Illawarra	11.67m
4	Dean Colligan	Wallsend RSL	11.60m
5	Blake Davis	Edgeworth	11.38m
6	Chamath Herath	Parramatta	11.32m
7	Jahnayah Freeman	Young and District	11.29m
8	Johann D'Cunha	Jamison	11.18m
9	Brendan Cox	Revesby Workers	11.16m
10	Ethan Smith	Kurrajong Bilpin	11.03m
11	Cameron Robertson	Winston Hills	10.84m
12	Kerry Cree	Port Hacking	10.82m
13	Aaron Crawford	Bankstown Sports	10.79m
14	Wade Hazell	Tamworth	10.60m
15	Arian Moran	Parramatta	10.60m

**Boys U15 - Triple Jump**

1	Ben Cox	Ryde	12.86m
2	Jake Stein	Warradale	12.76m
3	Jack Bangel	Kurrajong Bilpin	12.69m

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4	Hayden Kovacic	Mt Pritchard	12.53m
5	Justin Tarabine	Parramatta	12.47m
6	Amaan Bhat	Northern Districts	12.16m
7	Kyle Grubnic	Albion Park	11.76m
8	Zakeriya Grant	Ingleburn RSL	11.73m
9	Gareth Phillips	Randwick Botany	11.50m
10	Marcel Bray	Raymond Terrace	11.33m
11	Matthew Gersbach	Dubbo	11.03m
12	Andrew Greenwood	Medowie	10.97m
13	James Blackwood	Canterbury	10.88m
14	Zac Smith	Nyngan	10.74m
15	Cameron Gordon	Campbelltown Collegians	10.63m
16	Jason Robson	Sawtell-Toormina	9.85m

## Boys U17 - Triple Jump

1	Brandon Donkin	Raymond Terrace	13.31m
2	James Mbakwe	Hornsby	13.02m
3	Cameron Jones	Kurrajong Bilpin	12.79m
4	Adam Martin	Hornsby	12.41m
5	Isaac Babich	Jamison	12.15m
6	Damien Williamson	Armidale	12.05m
7	Corey Ingold-Dawes	Everley Park	12.01m
8	Chan Leaupepe	Campbelltown Collegians	11.65m
9	Luke Montgomery	Port Hacking	11.48m
10	Michael Kelly	Green Valley	11.46m
11	Jayden Worrall	Koorringal Wagga	11.35m
12	Jarrold Bland	Tiger Wests	11.16m
13	Thomas Burke	Bowral	11.05m
14	Jack Rodda	Shoalhaven	11.03m
--	Jack Katen	Forster/Tuncurry	FOUL

## Boys U9 - Shot Put

1	Payne Haas	Woodberry & Dist	9.58m
2	Nicholas Frost	Northern Districts	9.53m
3	Vincent Hreszczuk	Camden	8.74m
4	Mark Papadopoulos	Ryde	8.72m
5	Luke Byrnes	St George	8.56m
6	Jay Sneddon	Macquarie Hunter	8.53m
7	Kieran Davies	Armidale	7.72m
8	Mitchell Wright	Bankstown Sports	7.44m
9	Sam Varley	Finley	7.02m
10	Logan Rymer	Werrington	6.94m
11	Tyren Maclou	Wollongong City	6.82m
12	Brooklyn Hardaker	Randwick Botany	6.78m
13	Nicholas Suman	Kurrajong Bilpin	6.50m
14	Jackson Patrick	Colyton St Clair	5.88m
15	Dean Hodgson	Lake Illawarra	5.64m

## Boys U10 - Shot Put

1	Pita Toamotu	St George	11.35m
2	Tyrone Taukamo	Randwick Botany	10.57m

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3	Nicholas Kotevski	Ingleburn RSL	9.62m
4	Luke Debrot	Albion Park	9.61m
5	Tory Taataa	Lake Illawarra	9.27m
6	Cameron McEntyre	Ku-Ring-Gai	9.21m
7	Jesse Vincent-Elli	Nambucca District	9.14m
8	Connar Grozde	Albion Park	8.48m
9	Mark Neill	Nepean	8.39m
10	Jack Weir	Gosford	8.33m
11	Kyle Duncan	Eastlakes	7.94m
12	Jacob Rios	St George	7.67m
13	Tarron Grundy	Penrith Valley	7.52m
14	Hayden Perry	Glenbrook	7.05m
15	Tyler Monaghan	Northern Suburbs	6.97m

**Boys U11 - Shot Put**

1	Jack Maguire	Manly Warringah	11.85m
2	Austin Aokuso	Blacktown	11.83m
3	Mitchell Burton	Sutherland	11.78m
4	Brendan Lloyd	Liverpool City	11.61m
5	Nicholas Hay	Wagga Wagga	11.22m
6	Lachlan Behagg	Manly Warringah	11.09m
7	Elliott Starr	Port Macquarie	10.27m
8	Dominic Cavallaro-	Macquarie Hunter	10.15m
9	Luke Lough	Northern Suburbs	10.07m
10	Lee Angwin	Old Bar	9.79m
11	Daniel Koliopoulos	Revesby Workers	9.59m
12	Joshua Vazzoler	Kiama	9.55m
13	George Farmakidis	Port Hacking	9.14m
14	Kieran Kirk	Doonside	8.91m
15	Mana Castillo	Randwick Botany	8.84m

**Boys U12 - Shot Put**

1	Hame Sele	St George	11.87m
2	Joshua Knight	Grenfell	11.26m
3	Steve Borg	Lake Illawarra	10.69m
4	Corey Mackay	Winston Hills	10.14m
5	Neil Jordan	Winston Hills	9.91m
6	Beau Sciberras	Warradale	9.76m
7	Aaron Johnson	Campbelltown Collegians	9.68m
8	Zac Cummins	Northern Suburbs	9.19m
9	Brenden Martin	Liverpool City	8.78m
10	Timothy Turner	Kurrajong Bilpin	8.30m
11	Tom Gilbert	Old Bar	8.16m
12	Joshua Studley	Edgeworth	8.15m
13	Luke Haworth	Charlestown	7.82m
14	Delian Kotevski	Bankstown Sports	7.43m
15	Russell Butters	Revesby Workers	7.21m
--	Rhys Wilesmith	Leeton	FOUL

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**Boys U13 - Shot Put**

1	Tepai Moeroa	Doonside	19.11m	<b>RECORD</b>
2	Michael Taylor	Western Blues	14.27m	
3	Aaron Apikotoa	Kings Langley	13.25m	
4	Justin Maloney	Nepean	12.89m	
5	Matai Juinor Matth	Parramatta	12.88m	
6	Kurtis Crisante	Dubbo RSL	12.59m	
7	Tyson Davis	Manly Warringah	11.86m	
8	Richard Dimon	Port Hacking	10.76m	
9	Duncan Watt	Port Hacking	10.28m	
10	Damon Ledger	Armidale	9.72m	
11	Hayden Shaw	Bowral	9.48m	
12	Bradley Crelley	Holroyd	9.41m	
13	James Hay	Wagga Wagga	9.35m	
14	Danny Johnson	Raymond Terrace	9.23m	
15	Maikeli Rairibi	Randwick Botany	9.02m	

**Boys U14 - Shot Put**

1	Ben Fitzgerald-Hal	Nambucca District	13.77m	
2	Jordan Mose	Bankstown Sports	13.70m	
3	Gerard Holland	Grenfell	13.68m	
4	Rhys Donkin	Edgeworth	12.84m	
5	Matthew Probert	Macquarie Hunter	12.75m	
6	Edward Pickering	Douglas Park	12.20m	
7	Sam Rogan	Werrington	11.72m	
8	Alland Odisho	Randwick Botany	11.26m	
9	Josh Smith	Lake Cargelligo	10.09m	
10	David Williams	Parramatta	10.06m	
11	Kieran Byrne	Doonside	9.63m	
12	Josh Bartley	Mt Druitt	8.76m	
13	Joel Edwards	Winston Hills	7.87m	

**Boys U15 - Shot Put**

1	Evan Jennis	Eastern Suburbs	15.03m	
2	Elliott Lang	Parramatta	14.50m	
3	Scott McCarthy	Warradale	14.28m	
4	Antonio Inzitari	Douglas Park	14.19m	
5	Grant Commins	Leeton	14.14m	
6	Jae Maeskell	Mudgee	13.75m	
7	Tim Pond	Hills District	13.16m	
8	Guy Hollingshed	Holroyd	12.70m	
9	Campbell Hislop	Springwood	12.49m	
10	Jack Dempsey	Northern Suburbs	12.34m	
11	Mitchell Johnson	Raymond Terrace	12.24m	
12	Kostadin Gatsios	Bankstown Sports	12.15m	
13	David Waller	Forster/Tuncurry	11.80m	
14	Jack Derwin	Adamstown	11.68m	
15	Daniel Anlezack	Young and District	9.68m	

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**Boys U17 - Shot Put**

1	Maeva Teina	Winston Hills	14.71m
2	Matthew Mountfort	Ku-Ring-Gai	13.87m
3	Alex Dahlenburg	Temora	13.83m
4	Ryan Galway	Douglas Park	13.80m
5	Chris Harris	Cessnock	12.89m
6	Lloyd Parker	Ryde	12.46m
7	Daniel Bray	Lithgow	12.31m
8	Michael Barnett	Finley	12.02m
9	Michael Holani	Tiger Wests	11.73m
10	Damian Kotevski	Bankstown Sports	11.24m
11	Michael Bowd	Penrith Valley	10.47m
12	Dean Hollis	Westlakes	10.31m
13	Joshua Croker	Forster/Tuncurry	10.30m
14	Filip Kotevski	Bankstown Sports	10.08m

**Boys U9 - Discus**

1	Nicholas Frost	Northern Districts	31.31m
2	Ryan Johnston	Douglas Park	30.34m
3	Kieren Briggs	North Rocks	28.08m
4	Jay Sneddon	Macquarie Hunter	26.99m
5	Austin Quast	Colyton St Clair	25.46m
6	Hayden Currie	Werrington	24.41m
7	Justin Sunderland	Ryde	23.32m
8	Tristan Brooker	Raymond Terrace	23.20m
9	Cameron Fitzsimmon	Raymond Terrace	22.31m
10	Kyle Attard	Lake Illawarra	22.29m
11	Fraser Matthews	Lockhart	21.89m
12	Mitchell Wright	Bankstown Sports	21.62m
13	Salvatore Cotello	Colyton St Clair	20.22m
14	Benny Thornton	Dubbo	19.42m
15	Joshua Smith	Illawong	18.43m
16	Jordan Doris	Eschol Park	14.97m

**Boys U10 - Discus**

1	Joshua Baker	Winston Hills	35.01m
2	Pita Toamotu	St George	32.80m
3	Cameron McEntyre	Ku-Ring-Gai	32.22m
4	Mark Neill	Nepean	32.00m
5	Luke Debrot	Albion Park	31.28m
6	Jesse Vincent-Elli	Nambucca District	30.26m
7	Kordell Payne	Eastern Suburbs	28.99m
8	Max Barber	Narromine	28.84m
9	Tyrone Taukamo	Randwick Botany	27.61m
10	Aaron Jeffery	Western Suburbs	27.59m
11	Connar Grozde	Albion Park	27.33m
12	Tyler Monaghan	Northern Suburbs	26.51m
13	Jack Jordan	Westlakes	26.04m
14	Hayden Perry	Glenbrook	24.04m
15	Joshua Gallard	Prospect	23.92m
16	Percy Duncan	Tamworth	23.38m

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**Boys U11 - Discus**

1	Austin Aokuso	Blacktown	34.33m
2	Jack Maguire	Manly Warringah	30.29m
3	Lachlan Behagg	Manly Warringah	30.03m
4	Nicholas Hay	Wagga Wagga	29.45m
5	George Farmakidis	Port Hacking	28.24m
6	Luke Parmaxidis	Campbelltown Collegians	28.15m
7	Elliott Starr	Port Macquarie	25.74m
8	Andrew Spira	Randwick Botany	25.41m
9	Clayton Anstee	Cherrybrook	24.35m
10	Ben Tarlinton	Katoomba	23.50m
11	Brock Nichols	St Georges Basin	22.98m
12	Ryan Shaw	Armidale	22.23m
13	Max Winter	Forster/Tuncurry	22.02m
14	Sam Price	Lake Illawarra	20.65m
15	Ryan Thomson	Jamison	19.65m

**Boys U12 - Discus**

1	Hame Sele	St George	45.77m
2	Paulo Aokuso	Blacktown	38.52m
3	Corey Mackay	Winston Hills	35.67m
4	Steve Borg	Lake Illawarra	35.50m
5	Hadi Youssef	Bankstown Sports	33.96m
6	Anthony Schmidt	Liverpool City	33.95m
7	Zac Cummins	Northern Suburbs	33.00m
8	Shidhanth Mudaliar	Liverpool City	31.59m
9	Joshua Knight	Grenfell	31.37m
10	Josh Wilson	Kempsey	29.22m
11	Matthew Popovic	Bankstown Sports	27.53m
12	Tony Tassone	Cessnock	27.49m
13	Thomas Popovic	Bankstown Sports	27.40m
14	Neil Jordan	Winston Hills	26.55m
15	Jack Jones	Medowie	26.27m
--	Bradley Herbert	Forbes	FOUL

**Boys U13 - Discus**

1	Tepai Moeroa	Doonside	51.33m
2	Michael Taylor	Western Blues	45.25m
3	Justin Maloney	Nepean	40.70m
4	Tyson Davis	Manly Warringah	38.94m
5	Jesse Jackson	Camden	35.79m
6	Aaron Apikotoa	Kings Langley	34.67m
7	Kurtis Crisante	Dubbo RSL	31.73m
8	Bradley Baker	Hills District	30.74m
9	Hayden Shaw	Bowral	25.58m
10	Reece Papadimitrio	Cardiff	25.29m
11	Anthony Walker	Nambucca District	23.80m
12	Lachlan Reid	Narromine	23.42m
13	Bradley Crelley	Holroyd	21.99m
14	Andre Cupido	Eastern Suburbs	21.20m

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**Boys U14 - Discus**

1	Matthew Probert	Macquarie Hunter	50.00m
2	Edward Pickering	Douglas Park	48.92m
3	Ben Fitzgerald-Hal	Nambucca District	48.46m
4	Jordan Mose	Bankstown Sports	46.98m
5	Bradley Smith	Macquarie Hunter	44.97m
6	Gerard Holland	Grenfell	43.75m
7	Sam Rogan	Werrington	42.78m
8	David Williams	Parramatta	36.06m
9	Josh Bartley	Mt Druitt	35.96m
10	Shaun Lane	South Eastern	33.22m
11	Josh Smith	Lake Cargelligo	32.39m
12	Matthew Still	Campbelltown Collegians	29.66m
13	Adam Batten	Tuggerah Lakes M	28.77m
14	Ali Javam	Winston Hills	26.84m
15	Jarrold Matairavula	Lethbridge Park	25.48m

**Boys U15 - Discus**

1	Evan Jennis	Eastern Suburbs	57.97m
2	Jake Stein	Warradale	56.41m
3	Antonio Inzitari	Douglas Park	54.31m
4	Elliott Lang	Parramatta	51.84m
5	Grant Commins	Leeton	50.18m
6	Scott Maclennan	Ku-Ring-Gai	47.23m
7	Scott McCarthy	Warradale	46.84m
8	Lachlan McEntyre	Ku-Ring-Gai	39.39m
9	Adam Whatley	Illawong	38.55m
10	Kostadin Gatsios	Bankstown Sports	37.37m
11	Campbell Hislop	Springwood	36.90m
12	David Waller	Forster/Tuncurry	35.59m
13	Dean Invernon	Lake Illawarra	34.45m
14	Mitchell Johnson	Raymond Terrace	31.19m

**Boys U17 - Discus**

1	Liam Speers	Macquarie Hunter	56.17m
2	Maeva Teina	Winston Hills	41.11m
3	Matthew Mountfort	Ku-Ring-Gai	40.45m
4	Chris Harris	Cessnock	38.80m
5	Lloyd Parker	Ryde	36.98m
6	Alex Dahlenburg	Temora	36.18m
7	Chris Joines	St Georges Basin	32.62m
8	Filip Kotevski	Bankstown Sports	32.11m
9	Ethan Sweeney	Katoomba	30.86m
10	Gregory Brock	Canterbury	29.45m
11	Michael Holani	Tiger Wests	28.63m
12	Damian Kotevski	Bankstown Sports	27.24m
--	Josh Craig	Werrington	FOUL

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**Boys U 13 - Javelin**

1	Tyson Davis	Manly Warringah	38.97m
2	Michael Taylor	Western Blues	36.90m
3	Aaron Apikotoa	Kings Langley	35.94m
4	Rhys Stein	Warradale	34.47m
5	Danny Johnson	Raymond Terrace	34.32m
6	Justin Maloney	Nepean	31.96m
7	Joshua Fernandes	Lake Illawarra	30.69m
8	Nicholas Kelland	Ryde	27.96m
9	Luke Maples	Albion Park	27.38m
10	Charlie Morris	Lismore	26.96m
11	Marcus Chan	St George	24.31m
12	Joel Bartlett	Bankstown Sports	23.20m
13	Anthony Keating	Sutherland	22.99m
14	Dean Johnson	Port Hacking	22.85m

**Boys U 14 - Javelin**

1	Matt Ferencak	Port Hacking	43.97m
2	Elia Morisio	Blacktown	41.65m
3	Gerard Holland	Grenfell	39.88m
4	Patrick Kelland	Ryde	37.84m
5	Sam Rogan	Werrington	36.91m
6	Shaun Lane	South Eastern	36.66m
7	Ben Irvine	Wallsend RSL	35.90m
8	Jayden Vandenberg	Sutherland	34.65m
9	Robert Pryor	Gunnedah	31.71m
10	Owen Murray	Winston Hills	31.46m
11	Bradley Smith	Macquarie Hunter	29.92m
12	Chris Spinks	Ryde	28.85m
13	Marko Paulic	Mt Pritchard	28.01m
14	Nathan Clarke	Illawong	27.19m
--	Matthew Carrasco	Lake Illawarra	FOUL

**Boys U 15 - Javelin**

1	Elliott Lang	Parramatta	55.54m
2	Kostadin Gatsios	Bankstown Sports	48.63m
3	Evan Jennis	Eastern Suburbs	47.51m
4	Jack Derwin	Adamstown	47.09m
5	Scott McCarthy	Warradale	47.01m
6	Adam Whatley	Illawong	46.80m
7	Tim Pond	Hills District	46.16m
8	Mitchell Johnson	Raymond Terrace	43.03m
9	Brad McNaughton	Winston Hills	41.84m
10	Steven Washburn	Nepean	41.72m
11	Joel Pettigrew	Wallsend RSL	41.29m
12	Alexander Parker	Sutherland	36.50m
--	Gareth Williams	Dubbo	FOUL
--	Matthew Gersbach	Dubbo	FOUL

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**Boys U 17 - Javelin**

1	Lloyd Parker	Ryde	52.63m
2	Josh Parsons	Stockton	51.10m
3	Joshua Croker	Forster/Tuncurry	50.69m
4	Chris Joines	St Georges Basin	50.14m
5	Damian Kotevski	Bankstown Sports	44.60m
6	Ethan Sweeney	Katoomba	42.92m
7	Beau Sorbello	Parramatta	41.65m
8	Chris Carrasco	Lake Illawarra	41.43m
9	Maeva Teina	Winston Hills	40.45m
10	Cameron Jones	Kurrajong Bilpin	40.14m
11	Matthew Malone	Randwick Botany	37.95m
12	Filip Kotevski	Bankstown Sports	37.00m
13	Josh Craig	Werrington	35.47m
14	Jay Scott-Godin	Kempsey	24.78m