

Series 2 Age Managers: Ensure your group warms up - it minimises injuries.

Return field event sheets to the results table. When last on a field event, bring in what gear you can carry

Tots	U6	U7	U8	U9	U10	U11	U12	Seniors
HJ3 to low mats	Toy hurdles: 60H after Xmas	60H	200M	SP 1&2	800M	HJ 1&2	TJ 1&2	DISC 1
70m Relay track	HJ3 soft bar	SP 3&4	SP 1&2	60H	200M	1500M	1500M	1500M
Relay					200M			LJ 1&2
		LJ3		700W	60H		DISC 1	
SP 3&4	1 Lap							
			700M		HJ 1&2	60H		
	SP 3&4			200M	GEAR			
			B-DISC 1			SP 1&2		400M
			G-DISC 2	LJ 1&2		GEAR	60H	
	GEAR	500M	GEAR	GEAR				
							200M	80/90 H
						1500M		100 H
					1500M			
				LITTER				200H

[Straight T checklist](#)

[Circular T checklist](#)

U6 60H (?)

U10 800m

U7 60H

U8 200m

U8 60H

U10 200m

U9 60H

Sen 1500m

U10 60H

U12 1500m

U11 60H

U11 200m

U12 60H

U9 700W

U13 80H

U6 1 Lap

G14 80H

U8 700m

B14 90H

U9 200m

G15 90H

Sen 400m

B15 100H

U7 500m

U12 200m

U11 1500m

U10 1500m

Sen 200H